



SES COLLEGE SREEKANDAPURAM

(Accredited by NAAC with 'B+' Grade) Affiliated to Kannur University



Criterion 5- Student Support and Progression

5.1 Student Support

5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following

- 1. Soft skills**
- 2. Language and communication skills**
- 3. Life skills (Yoga, physical fitness, health and hygiene)**
- 4. ICT/computing skills**

VINJAAN-23 - Personality development class

Department of mathematics conducted personality development class VINJAAN-23 by Mr.Jayapal, JC International trainer On 25/01/2023
148 students participated in this program

**SES COLLEGE SREEKANDAPURAM
DEPARTMENT OF MATHEMATICS**

വിജ്ഞാൻ-23

**SEMINAR ON
PERSONALITY DEVELOPMENT**
CONQUER WITH CONFIDENCE

TRAINER: MR. JAYAPAL (JC INTERNATIONAL)

PROGRAMME

Welcome speech : Dr. Breena Sebastian
(HOD, Dept. of Mathematics)

Presidential Address: Dr. Dominic Thomas
(Principal of SES College)

Felicitation : T. Dr. Sajeesh T J
(IQAC Coordinator)
& Smt. Silja C.
(Ass. Professor, Dept. of Mathematics)

Vote of Thanks : Ahimav K.K.
(Jed DC Maths)

**1:30 PM
WED-25TH, JANUARY, 2023**

JOINTLY ORGANIZED BY:
**SREE SANKARACHARYA
COMPUTER CENTRE**
SREE SANKARACHARYA COMPUTER CENTRE PVT.LTD.
www.sscsccc.com

1:56 PM India
LONGITUDE 76.5186° E, 75°31'7" N
WEDNESDAY, 25 JAN 2023
LATITUDE 12.0264° N, 12°13'17" N

2:06 PM India
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Magazine

MATHEMATIQUE 2022-23 Magazine is released by principal, Dr Dominic Thomas on 20.2.2023. Principal appreciated the students of second year mathematics students for their creative work. Magazine was really beautiful. It includes the ideas and imaginations of our students. 18 students participated.





S.E.S COLLEGE, SREEKANDAPURAM

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DETAILS OF PARTICIPANTS

Name of Programme : Perseverability Development

Date : 25/01/2023

Name of Organising Agency : Dept of Mathematics & Business Mathematics

Name and Designation of Resource Person : JAYAPAL (Dr. International)

Sl. No.	Name of Student	Programme and batch	Signature
1	George Sreekandapuram	1st English	[Signature]
2	Ashwin A	"	[Signature]
3	Ashitha A	1st English	[Signature]
4	Ashitha A	2nd English	[Signature]
5	Ashitha A	2nd English	[Signature]
6	Ashitha A	"	[Signature]
7	Ashitha A	"	[Signature]
8	Ashitha A	"	[Signature]
9	Ashitha A	"	[Signature]
10	Ashitha A	"	[Signature]
11	Ashitha A	"	[Signature]
12	Ashitha A	"	[Signature]
13	Ashitha A	"	[Signature]
14	Ashitha A	"	[Signature]
15	Ashitha A	"	[Signature]
16	Ashitha A	"	[Signature]
17	Ashitha A	"	[Signature]
18	Ashitha A	"	[Signature]
19	Ashitha A	"	[Signature]
20	Ashitha A	"	[Signature]
21	Ashitha A	"	[Signature]
22	Ashitha A	"	[Signature]
23	Ashitha A	"	[Signature]
24	Ashitha A	"	[Signature]
25	Ashitha A	"	[Signature]
26	Ashitha A	"	[Signature]
27	Ashitha A	"	[Signature]
28	Ashitha A	2nd DE English	[Signature]

SL. No.	Name of Student	Programme and batch	Signature
29.	Anagha. C.V	3 rd DC English	
30.	V.C. Prathyush.	3 rd DC Physics.	
31	Keerthana. K.	3 rd DC English.	
32.	Sukanya. K.S	3 rd DC "	
33.	Sanika. Sajeevan	3 rd DC "	
34	Gopika. R	3 rd DC Physics	
35	Hasana. N.P	3 rd DC "	
36	Abhinav KMS	2 nd physics	
37	Sreya Padmam	3 rd DC Physics	
38	Musliha PP	"	
39	Sayanth K	"	
40	Anjana TK	"	
41	Arshitha P	"	
42	Adwaittha SP	"	
43	Sourav. C	"	
44.	Arjun Rajeev	"	
45.	Abhinav A	"	
46.	Vishnu MV	"	
47.	Midhana. P.P	2 nd Bcom	
48	Nandana. M	"	



S.I

Name of Progr

Name of Org

Name and De

SL. No.
49
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S.E.S COLLEGE, SREEKANDAPURAM

6

DETAILS OF PARTICIPANTS

Name of Programme : Personality Development

Date : 25/01/2021

Name of Organising Agency :

Name and Designation of Resource Person :

Signature :

SL. No.	Name of Student	Programme and batch	Signature
49	Theja K.V	"	
50	Nijisha K	"	
51	Anusha K	"	
52	Amanya.O.R	3rd BCA	
53	Elizabeth MA	"	
54	Arya.k	"	
55	Sreeshma.P.P	"	
56	Arya.krishnan.R.K	"	
57	Geethika K.P.K Nambiar	"	
58	Akhil Antony	"	
59	Rahul.k	3rd BSC.CS	
60	Anoop.K.K	3rd B.Com CA	
61	SEBASTIAN T.S	3rd B.Com CA	
62	Misaja C.H	3rd B.Sc. C.S	
63.	Jeswin Devada	" " "	

SL. No.	Name of Student	Programme and batch	Signature
64	Pahul Rajesh	3 rd BCA	
65	Aleshay - N	3 rd Bcom	
66	Jishnu - K.P	3 rd Bcom	
67	Muhammed C.K	" "	
68	Joyal M.M	" "	
69	Arjun	" "	
70	Ajny Janardhanan	3 rd BCA	
71	Vishnu Rajan	" "	
72	Nandana P.P	3 rd Bsc Maths	
73	Sruv Prakash	" "	
74	Shanib K.P	2 nd Bsc Maths	
75	Anjum - C	" "	
76	Hridya CV	" "	
77	Theretha . E	" "	
78	Abhina . k	II nd BCOM	
79	Sruvini - M	II nd BCOM	
80	Sangoetha KV	" "	
81	Rushda K.P	3 rd Bsc Maths	
82	Nilofar Nigaz	3 rd Bsc Maths	
83	Abhinav - C	3 rd Bsc Maths	



S.E.S.

Name of Programme

Name of Organisation

Name and Designation

SL. No.	
84	no
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S.E.S COLLEGE, SREEKANDAPURAM

7

DETAILS OF PARTICIPANTS

Name of Programme : *Personality Development*

Date : *22/01/2023*

Name of Organising Agency :

Name and Designation of Resource Person :

Signature :

Sl. No.	Name of Student	Programme and batch	Signature
84	Marjina T	3 rd BSc Chemistry	<i>Marjina</i>
85	Shala K	"	<i>Shala</i>
86	Harsha CP	"	<i>Harsha</i>
87	Sandhya Madhu	3 rd B.com	<i>Sandhya</i>
88	Anjana P	II nd B.com	<i>Anjana</i>
89	Kavya Bhanu	3 rd BSc Chemistry	<i>Kavya</i>
90	Arya P	3 rd BSc Chemistry	<i>Arya</i>
91	Akshaya A	" "	<i>Akshaya</i>
92	Shruthi Ravichandran	" "	<i>Shruthi</i>
93	Sanya K K	" "	<i>Sanya</i>
94	Sahil Abdul Khader	" "	<i>Sahil</i>
95	Parsha MK	" "	<i>Parsha</i>
96	Anjana PK	3 rd BCOM CA	<i>Anjana</i>
97	Acharya P.V	"	<i>Acharya</i>
98	Snadha K	"	<i>Snadha</i>

SL. No.	Name of Student	Programme and batch	Signature
		"	
99	Nandana K	"	
100	Sangama	"	
101	Akshaya O	"	
102	Shanika	"	
103	Apama	"	
104	Nandana Loni	"	
105	Anmariya Sunil	B.com - II	
106	Anjana T-P	"	
107	Nandhana Balakrishnan	"	
108	Anusree M.V	Mathematics III	
109	Navya P	"	
110	Anusree K-K	B.com II	
111	Nandana P.V	"	
112	Prajitha N.V	"	
113	Nihara K	BSC PHYSICS -I	
114	Dilshana Sherin	B.COM III	
115	Vishmaya	"	
116	Linsha	"	
117	Alina	"	
118	Swadha M P	BBA - II	



S.E.S

Name of Program
Name of Organ
Name and Design

SL. No.	
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Assistant Professor
Department of
BBA, Sree Siddhanta



S.E.S COLLEGE, SREEKANDAPURAM

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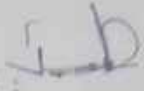
DETAILS OF PARTICIPANTS

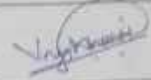
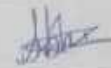
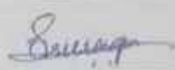
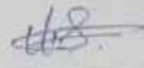





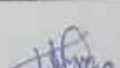
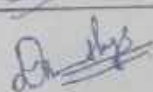

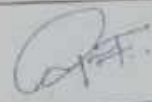


Name of Programme : Personality Development

Date : 25/01/2023

Name of Organising Agency :

Name and Designation of Resource Person :

Signature : 

SL. No.	Name of Student	Programme and batch	Signature
119	Vyshnavi. P.P	BBA - I	
120	Abhinav. K.K	Mathematics - III	
121	Sreerag. P. K	"	
122	Vishnu K.P	"	
123	Jishnu. K	"	
124	Aswani Santhosh V	"	
125	Aswani A.K	"	
126	Ashna Gireesh	"	
127	Ashna Ramachandran	"	
128	Hrudya. K.C	"	
129	Drishya Jayan	Chemistry III	
130	Ansal.P.P	BA Economics II nd yr	
140	Prayag .P	BBA II nd yr	
141	Muhammed Mubeen - A.P.	BBA II nd year	
142	Afsal TP	BBA II nd year	



S.E.S COLLEGE, SREEKANDAPURAM

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DETAILS OF PARTICIPANTS

Name of Programme : Magazine release

Date : 20/02/22
2.00pm.

Name of Organising Agency :

Name and Designation of Resource Person : Dr. Dominic Thomas
Principal, SES College

Signature :

Sl. No.	Name of Student	Programme and batch	Signature
1	Nasreena T.P	II nd DC Maths.	
2	Haidya CV	"	
3	Ramya F	"	
4	Ahalya K	"	
5	Theertha E	"	
6	Axjun C	"	
7	Shanib K.P	"	
8	Nandana P.V	I st DC Maths	
9	Grayathri K	"	
10	Sujsha Surendran	"	
11	Nakshathra T.K	"	
12	Tyothima K	"	
13	Anushna O	"	
14	Shweta K.P	"	
15	Anusha P	"	

TRAINING PROGRAMME ON DECISION MAKING (Soft skill)

On 24/06/2022 a Training Programme on "Decision Making" was given for final year BSc Chemistry students of S.E.S College, Sreekandapuram by Mr.Jithinshyam, Zone Trainer,Certified Life Coach in association with JCI,Taliparamba. Mr.Shyamjith K. P , President,JCI Taliparamba has also motivated the students. Participants ~ 27



"TRAINING PROGRAMME ON DECISION MAKING"

On 24-06-2022 a training programme on 'Decision making' was given to final year B.Sc Chemistry students by Mr. Jithinshyam, Zone Trainer, Certified life Coach, Mr. Syamjith K.P, President, JCI, Taliparamba. 27 students have participated in the programme.

Sl No	Name of participant	Signature	Remarks
1	Je Jithinshyam.		
2	Je Syamjith		
3	Kaishnadas NM		
4	Aswanth. P		
5	Akshay TS		
6	Arnal I.K		
7	Prathul Raj EV		
8	Shalca.R		
9	Harsha C.P		
10	Sahala Abdul Khader		
11	Ameya Ajith ER		
12	Aswathi. P.P		
13	Laya Raj K.V		
14	Alia Maria Biju		
15	Akshaya A		
16	Arishya Jayan		
17	Anjusha.C.V		
18	Harsha M K		
19	Aswathi.c		
20	Manjima.T		
21	Shreya Ravi		
22	Ameya K K		
23	Sneha Jayaprakash. P.V		
24	Sayyifa. Sivanandan		
25	Shaniba.k.s		
26	Aiya P.		
27	Akshay Sidhi P		

WOMEN EMPOWERMENT PROGRAMME

The "Women of the Day" magazine, published by the Department of English, in collaboration with Women's cell ,S.E.S. College, is a powerful and inspiring publication that pays tribute to remarkable women who have demonstrated exceptional achievements in various fields. Released on the occasion of International Women's Day on March 8th, the magazine aims to highlight the achievements, struggles, and contributions of women who serve as role models and motivators for others. The "Women of the Day" magazine serves as a beacon of empowerment and motivation for women of all ages. By sharing the stories of these remarkable women, the publication encourages readers to believe in their potential, embrace challenges, and pursue their passions with unwavering determination. As a tribute to International Women's Day, this magazine honors the achievements of women who have made a lasting impact on society and have the power to inspire positive change. Quiz competition was conducted as part of International Women's Day.





SOFT SKILL DEVELOPMENT PROGRAMME

The Department of English conducted a soft skill development programme on 30th March, 2023. Mrs. Nimisha C, Skill Development Executive, ASAP was the resource person for the session. The session highlighted on the Importance of team work and collaboration for a successful career. The students were really thrilled with the activities done in the session and were really motivated.



"Importance of Team work and collaboration for a successful career."

**THURSDAY
30 MARCH 2023
10:30 AM
SEMINAR HALL**



**DEPARTMENT OF ENGLISH
SES COLLEGE SREEKANANTHAPURAM**

**NIMISHA C.
SKILL DEVELOPMENT
EXECUTIVE, ASAP KERALA**



**SES COLLEGE
SEMINAR HALL**

DEPARTMENT OF ENGLISH

GPS Map Camera

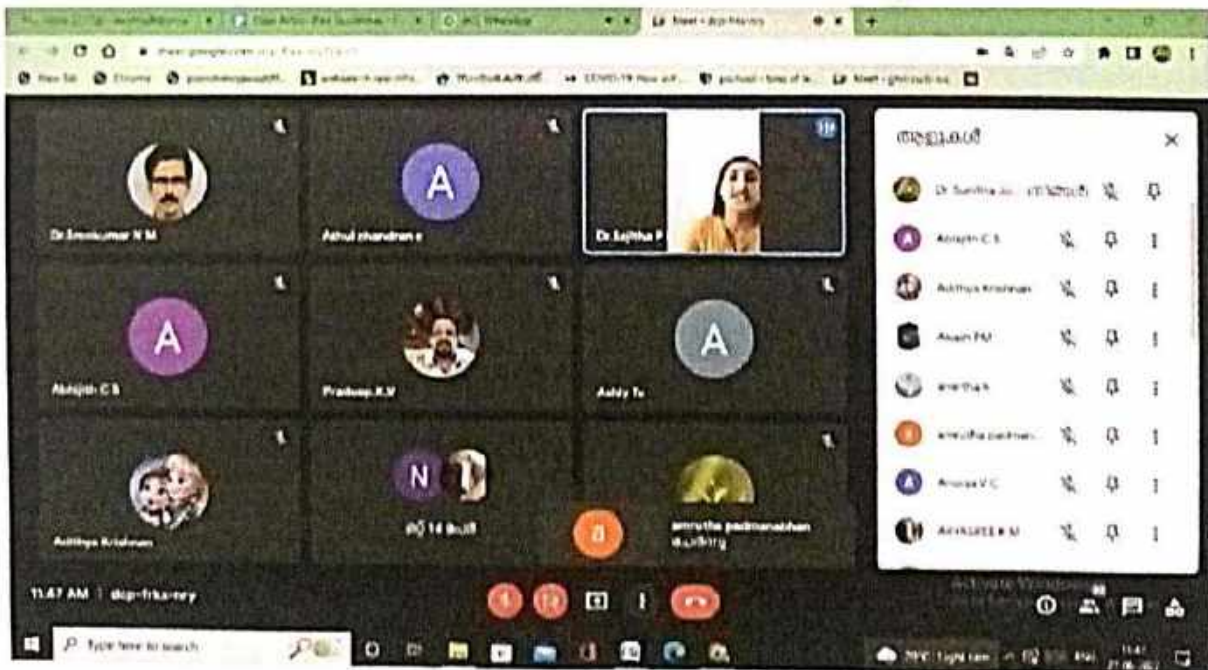
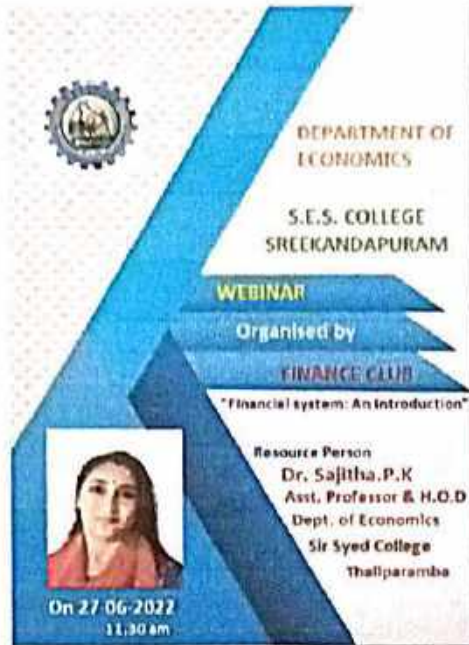
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 SES Colloge Rd, Thalakode, Kerala 670631, India
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Google

FINANCE CLUB ACTIVITIES

23/06/2022

An online webinar on the subject of "Financial System: An Introduction" was organised by the Finance Club. Dr. P.K. Sajitha, an assistant professor of economics at Sir Syed College in Thaliparamba, presented the topic. The students asked questions and the resource person clarified them during the discussion that followed the presentation.




SREEKUMAR, N.M.
Asst. Professor & H.O.D.
Dept. of Economics
S.E.S. College, Sreekandapuram
Kannur - 670631

S.no	Name of the Student	Class	Synopsis
1.	Sayanth .k	BA Eco 1 st year	Sayanth
2.	Jonu George Joseph	BA Eco 1 st year	Jonu
3.	Rishana PP	BA Eco 1 st year	Rishana
4.	Anjana . v.P	"	Anjana
5.	Neethu V.P	"	Neethu
6.	Anil Rose P.P	"	Anil
7.	Vismaya M.C	"	Vismaya
8.	Anjali . N.	"	Anjali
9.	Anjana .P	"	Anjana
10.	Anusree .A	"	Anusree
11.	Adithya Krishnan . P.M	BA Eco 2 nd year	Adithya
12.	Ashina . C.J	"	Ashina
13.	Harsha . P	"	Harsha
14.	Gopika P	"	Gopika
15.	Aswani . K.M	"	Aswani
16.	Hridhya . K.B	"	Hridhya
17.	Meera Madhavan	"	Meera
18.	Amritha . K	"	Amritha
19.	Gopika . V.K	"	Gopika
20.	Gargana . M.k	"	Gargana
21.	Sneha . k	"	Sneha
22.	Ajhad Davood	"	Ajhad
23.	Muhammed Nihad .B	"	Muhammed
24.	Abhinava K	"	Abhinava
25.	Pranitha - P	"	Pranitha
26.	Rupa Ravindran	"	Rupa
27.	Anjitha m.v	"	Anjitha
28.	Sneha Biju	"	Sneha
29.	Amrutha . P	"	Amrutha
30.	Anusree J.K.V	BA Eco 3 rd year	Anusree
31.	Anamariya George	"	Anamariya
32.	Adhira . T	"	Adhira
33.	MUHAMMED NASSIF T.V	"	Muhammed
34.	Squad . v.v	"	Squad
35.	Abhiraj	"	Abhiraj
36.	Ashwath	"	Ashwath
37.	Laya . P.c	"	Laya

30 RAVISHA-C

31 ALSWARIA-KS

BA ECONOMICS 3rd year

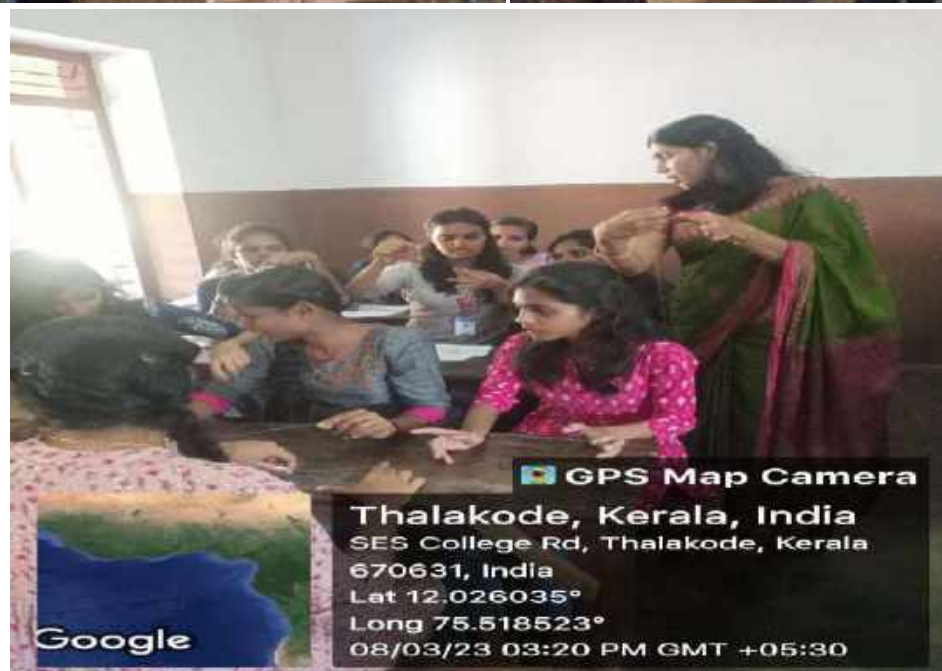
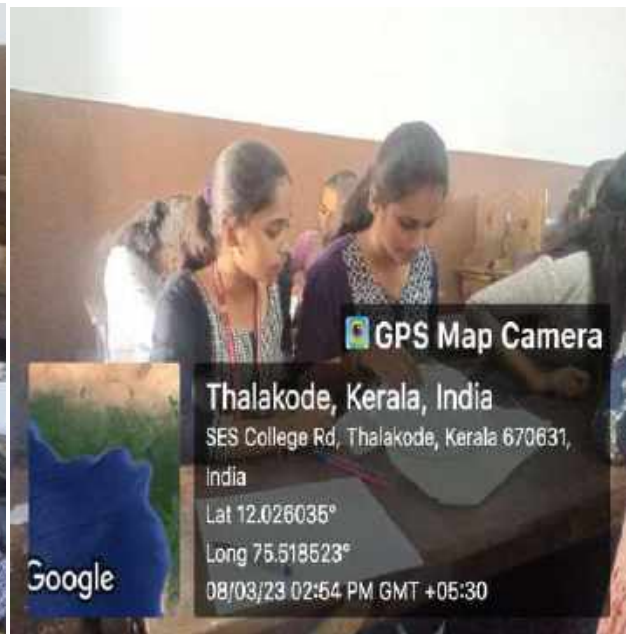
BA Economics "



SREEKUMAR. N.M.
Asst. Professor & H.O.D.
Dept. of Economics
S.E.S. College, Sreekanthapuram
Kannur - 670631

Women Empowerment Programme

On March 8, in celebration of International Women's Day, the students of the Department of Commerce-BBA organized various women empowerment activities. Under the guidance of Ms. Anumol Thomas and Dr. Seena P P, Assistant Professors of the Department of Commerce-BBA, the students conducted embroidery training and threading sessions. These activities provided the students with new experiences and practical skills in embroidery, contributing to their personal and professional development. A total of 19 students attended the programme.





S.E.S COLLEGE, SREEKANDAPURAM

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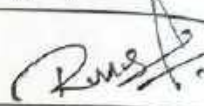
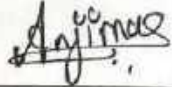
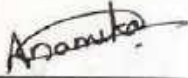
DETAILS OF PARTICIPANTS

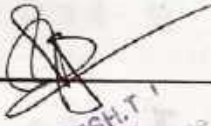
Name of Programme : Women Empowerment Programme Date : 8-3-2023

Name of Organising Agency : Dept. of Commerce - BBA

Name and Designation of Resource Person : Ms. ANU MOLTHOMAS Signature :

SL. No.	Name of Student	Programme and batch	Signature
1.	Kavya Raveendhan	II BBA	
2	Aiceena devasia	II BBA	
3	Niranjana. K	II BBA	
4	Harika Ajith. K	II BBA	
5	Amrutha. P.P	II BBA	
6.	Vijina M.A	II BBA	
7.	Navya. U	II BBA	
8.	Praveena. E.P	II BBA	
9	Sana. K.C	II BBA	
10	Rubina. K.P	II BBA	
11	Mazna. K	II BBA	
12	Nandhana. P.K	"	
13	Aparna. K	"	
14	Malavika C.V	"	
15	Anuvanna. B	"	

SL. No.	Name of Student	Programme and batch	Signature
16	Athulya . k . v	II BBA	
17	Riswana . p . s	11	
18	Anjima . c . p	11	
19	Anamika . k . v	11	


 SAJESH.T
 Asst. Professor
 Dept. of Commerce
 S.E.S. College, Steeplechase, Mysore



WOMEN EMPOWERMENT PROGRAM

PAPER BAG MAKING TRAINING TO KUDUMBASREE UNITS



SES College Sreekandapuram Department of commerce organized an " Women empowerment program - extension activity "on 12/03/2023 Sunday. The program includes paper bag making training for kudumbasree units-Haritha kudumbasree Darmashala, Varnam kudumbasree Narath- onapparamba, Aiswarya kudumbasree Manoor, Nanma kudumbasree Pavanoor motta. 35 students participated.



S.E.S COLLEGE, SREEKANDAPURAM

DETAILS OF PARTICIPANTS

64

Name of Programme :

Name of Organising Agency : ^{PROGRAMME - WOMEN EMPOWERMENT} DEPARTMENT OF COMMERCE ^{PAPER BALMAKING TRAINING TO KUDUMBASREE UNITS}

Date : 12/13/2023

Name and Designation of Resource Person :

Signature :

SL. No.	Name of Student	Programme and batch	Signature
1	Abhina k.	<u>II</u> B Com	<u>Abhi</u>
2	Amaya . k .	<u>II</u> B Com	<u>Amaya</u>
3	Anamika MT	<u>II</u> B Com	<u>Anamika</u>
4	Anjana NT	<u>II</u> B Com	<u>Anju</u>
5	Anusha . k .	<u>II</u> B Com	<u>Ansha</u>
6	Archana k B	<u>II</u> B Com	<u>Archana</u>
7	Aswini PV	<u>II</u> B Com	<u>Aswini</u>
8	Nayika NP	<u>II</u> B Com	<u>Nayika</u>
9	Nandhana m.	<u>II</u> B Com	<u>Nandha</u>
10	Nandhana PV .	<u>II</u> B Com	<u>Nandhana</u>
11	Neethu C .	<u>II</u> B Com	<u>Neethu</u>
12	Nivitha k .	<u>II</u> B Com	<u>Nivitha</u>
13	Nivedhya .	<u>II</u> B Com	<u>Nivi</u>
14	Sangeetha ku	<u>II</u> B Com	<u>Sangeetha</u>
15	Sruthim .	<u>II</u> B Com	<u>Sruthim</u>

SL. No.	Name of Student	Programme and batch	Signature
16	Vismaya A V .	<u>II</u> B Lom	<u>Vismaya</u>
17	Anamika k P	<u>II</u> B Lom	<u>Anamika</u>
18	Anamika P .	<u>II</u> B Lom	<u>Anamika</u>
19	Anaswara k C	<u>II</u> B Lom	<u>Anaswara</u>
20	Anisha P P	<u>II</u> B Lom	<u>Anisha</u>
21	Angana k k	<u>II</u> B Lom	<u>Angana</u>
22	Angana P .	<u>II</u> B Lom	<u>Angana</u>
23	Angana P P .	<u>II</u> B Lom	<u>Angana</u>
24	Annamriya sunil	<u>II</u> B Lom	<u>Annamriya</u>
25	Anusree k k	<u>II</u> B Lom	<u>Anusree</u>
26	-Athimath sana .	<u>II</u> B Lom	<u>Athimath</u>
27	kavya k C .	<u>II</u> B Lom	<u>Kavya</u>
28	Keerthana prakasha	<u>II</u> B Lom	<u>Keerthana</u>
29	Mithuna P P .	<u>II</u> B Lom	<u>Mithuna</u>
30	randhana Balakrishnan	<u>II</u> B Lom	<u>Randhana</u>
31	Pragitha n v	<u>II</u> B Lom	<u>Pragitha</u>
32	Sapthami v v .	<u>II</u> B Lom	<u>Sapthami</u>
33	Sidana k k .	<u>II</u> B Lom	<u>Sidana</u>
34	Sonavi	<u>II</u> B Lom	<u>Sonavi</u>
35	Theja. k U .	<u>II</u> B Lom	<u>Theja</u>

Environmental study tour

PG Department of Commerce and Travel & Tourism Club (Travel Planteers) conducts an environmental study tour on 29th October 2022 at Aralam wild life santuary .

No Of participants: 35





LIST OF PARTICIPANTS

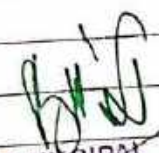
<u>Name</u>	<u>class</u>	<u>Signature</u>
1. Arjunanda . p . o	3 rd BA	Arjunanda
2. Aramol .	3 rd PSC	Aramol
3. Dharmussee . m . k	3 rd BA	Dharmussee
4. Zhurtha . A	BA Eng (III)	Zhurtha
5. Akshaya . A . K	B . A Eng (III)	Akshaya
6. Nasila . M . K	3 rd BA	Nasila
7. Ashitha . P . P	3 rd BA	Ashitha
8. Deepthi . T . K	3 rd BA	Deepthi
9. Dee Deekank . M	3 rd BA	Deekank
10. Aghina . c . k	3 rd BA	Aghina
11. Pesele Joseph	II BCA	Pesele
12. Kavya Edacheri	II BA	Kavya
13. Nirmal . c	II BCA	Nirmal
14. Nandana .	II BCA	Nandana
15. Treesa P. Mathew	II BA	Treesa
16. Anjima . c . k	II B.com	Anjima
17. Swathi T. v	II BA	Swathi
18. Risana . P	II B.com	Risana
19. Lincy Thomas	II B.com	Lincy
20. Anuratha Rajeev . p . p	II B.com	Anuratha
21. Nardana K v	II B.com	Nardana
22. Aswath Krishnan	III BA	Aswath
23. Anjani	III B.com	Anjani
24. Akash . k . v	II B.com	Akash
25. Aramol	III Bsc	Aramol

19/10/22

One Day Visit To Aulam Wildlife Sanctuary

- We reached Aulam Wildlife Sanctuary by 10:15 am.
- We explored the Forest. We saw Malabar giant squirrel. We saw different varieties of Butterfly. We had a class regarding the Flora and Fauna of the place.
- We had our lunch there and returned by 2:30 pm.

	<u>Name of Students</u>	<u>Class</u>	<u>Signature</u>
26.	Arjun K	nd 2 BCA	<u>Nival</u>
27.	Nisamal C	th 2 BCA	<u>Nival</u>
28.	Vishnu	nd 2 BCA	<u>Arjun</u>
29.	Samal preeth	nd 2 BCA	<u>Arjun</u>
30.	Atsareya C	rd 3 BA	<u>Arjun</u>


 PRINCIPAL
 S.E.S COLLEGE
 SREEKANDAPURAM

Nature camp

PG Department of Commerce and Travel & Tourism Club (Travel Planteers) conducts a nature camp (3 days) at Aralam wild life sanctuary on 9th November 2022 to 11th November 2022.

No Of participants: 40





Kannur, Kerala, India
Unnamed Road, Kerala 670674, India
Lat 11.91937°
Long 75.797282°
10/11/22 10:59 AM GMT +05:30

GPS Map Camera

A special meeting was conducted for the camp members. Guidelines to follow were discussed.

Those who participated :-

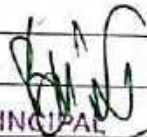
Name of Students	class	Signature
1. Jewel Lidiya	IMA ENGL	
2. Shikha Shrin. P.P	IMA ENGL	
3. Hridya Suresh. K	IMA ENGL	
4. Karunya Edacheri	II BA Eng	
5. Faithimabi. A.P.	I MA Eng	
6. Trasa P. Mathew	BA II, Eng	
7. Swathi T.V	BA II, Eng	
8. Arjananda P.O	BA 3rd Eng	
9. Anand Khoridas	BSC 6	
10. Anagha. D.K.	BSC CS	
11. Shiyara Santhosh	BSC CS	
12. Snehalakshmi. K	BSC CS	
13. Shreya. M.T	1st Mcom	
14. Meghana. P.K.	1st Mcom	
15. Shyamili.	1st Mcom	
16. Deepthi. T.K	III rd BA	
17. Dhanusree. M.K	III rd BA	
18. Anjitha. K	III rd BA	
19. Akshya.	III rd BA	
20. Aiswarya.	III rd BA	
21. Ashitha. P.P	III rd BA	
22. Anoma Nambiar	III rd BSc	
23. Rahul K	III rd BSc	
24. Arya Krishna	III rd BCA	
25. Jishnu Pradeep	III rd BCA	
26. Anetha	III rd BA	
27. Amal P	III rd BA	
28. Amal TP	III rd BA	
29. Amaljit B.M	III rd B.com	

30	AKaib. K. V	I B.com
31	Akshay. K	I M.com
32	Nihal C. K	I M.com
33	Anyim S Kappanath	III B.com
34	Theedha Priamod	I B.com
35	Kauga. K.P	I B.com
36	Anjitha. P.P	I B.com
37	Jishnu. K.P	III B.com

~~Anjitha~~
~~Shalini~~
~~Shalini~~
~~Shalini~~
~~Shalini~~
~~Shalini~~
~~Shalini~~
~~Shalini~~
~~Shalini~~
~~Shalini~~
~~Shalini~~

Camp Co-Ordinators

- ① Soniya Varghese (Asst. Professor, SES college, Sreekanthapuram)
- ② Ebin Isac (Asst. Professor, SES college, Sreekanthapuram)


 PRINCIPAL
 S.E.S. COLLEGE
 SREEKANTHAPURAM

INTERNATIONAL PLASTIC BAG FREE DAY 03/07/2022

On the occasion of International Plastic Bag Free Day, 3rd July 2022, The NCC Unit of S.E.S. College Sreekandapuram, made pluckcards and paper carry bags to execute the message to use paper bags instead of plastic bags and how we can utilize wasted plastic bags. Everyone should take the oath of "3R" REDUCE, REUSE AND RECYCLE.





S.E.S COLLEGE, SREEKANDAPURAM

3

DETAILS OF PARTICIPANTS

Name of Programme : *International Plastic Day Free Day*Date : *03-07-2022*

Name of Organising Agency :

Name and Designation of Resource Person :

Signature :

S.L. No.	Name of Student	Programme and batch	Signature
1.	<i>ANJANA P.</i>	<i>3rd BA Economics</i>	<i>[Signature]</i>
2.	<i>ARUNALI MATHAN</i>	<i>"</i>	<i>[Signature]</i>
3.	<i>ARATHI P.D.</i>	<i>"</i>	<i>[Signature]</i>
4.	<i>ARUN ANNA P.D.</i>	<i>"</i>	<i>[Signature]</i>
5.	<i>FRANAVI K.</i>	<i>"</i>	<i>[Signature]</i>
6.	<i>ANJALI C.</i>	<i>3rd BA English</i>	<i>[Signature]</i>
7.	<i>ARJUN CHANDRAN K.</i>	<i>"</i>	<i>[Signature]</i>
8.	<i>JITHU KUNJALATHAN</i>	<i>"</i>	<i>[Signature]</i>
9.	<i>SHARATH K.</i>	<i>"</i>	<i>[Signature]</i>
10.	<i>ANITHA CH.</i>	<i>"</i>	<i>[Signature]</i>
11.	<i>ANISHA SURESH</i>	<i>3rd B.Com</i>	<i>[Signature]</i>
12.	<i>JEEVANI ROSELI</i>	<i>"</i>	<i>[Signature]</i>
13.	<i>ANIRUJAN N.T.</i>	<i>"</i>	<i>[Signature]</i>
14.	<i>DURGAJI S.U.</i>	<i>3rd BA Physics</i>	<i>[Signature]</i>
15.	<i>DURGAJI K.</i>	<i>"</i>	<i>[Signature]</i>

CRAFT WORK

30-07-2022

NSS volunteers conducted a craft session under the initiative of senior Volunteers. Pen and pen stand were made using paper as part of paper crafts. 65 NSS volunteers actively participated in that programme.





NATIONAL SERVICE SCHEME
UNITS 17 & 18
SES COLLEGE SREEKANDAPURAM
KANNUR UNIVERSITY



PROGRAMME

CRAFT WORK

30-07-2022





S.E.S COLLEGE, SREEKANDAPURAM

7

DETAILS OF PARTICIPANTS

Name of Programme : Craft work - Regular work

Date : 30/08/22

Name of Organising Agency : N.S.S.

Name and Designation of Resource Person :

Signature :

SL. No.	Name of Student	Programme and batch	Signature
1	S.V. Theertha	BA ENGLISH - 18	Theertha
2	Shanma K.P	BA English - 17	Shanma K.P
3	Fathimathul Ridha . M.	BA English - 18	Ridha
4	Nandhana Balakrishnan	B.A 18	Nandha
5	Gopika Rajesh	B.A English - 17	Gopika Rajesh
6	Akshay Krishnan C.V	BA English - 18	Akshay
7	Vibira . M.V	" - 17	Vibira
8	Safwana K.S	" 18	Safwana
9	Avani . K	" - 18	Avani
10	Shivangi Balakrishnan	B.S.C chemistry - 17	Shivangi
11	Ajitha Berbin	"	Ajitha
12	Nandhana . T.L	BBA	Nandhana
13	Anamika . K.V	"	Anamika
14	Apasna . K	"	Apasna
15	Athulya . K.V	"	Athulya

SL. No.	Name of Student	Programme and batch	Signature
16	Veertha Balakrishnan	BA English - 18	
17	Ayana P	B-A ECONOMICS-17	
18	Fathimathul Habab K	" - 18	
19	Nandana V	B.Sc. chemistry - 18	
20	Angarada T	B.Sc. physics - 18	
21	Anusha P.P	B.com - 18	
22	Ashifa C.K	B.A. ENGLISH - 18	
23	Anavadhya P.K	BA ENGLISH - 17	
24	Amala P.P	BA ENGLISH - 17	
25	Ananya C.V	B.A. ENGLISH - 17	
26	Snaha K	B-A English - 17	
27	Sharmista V.P	"	
28	Keethana S. Prakashan	B.COM - 17	
29	Archana K.B	B.com - 17	
30	Theja K.V	B.com - 17	
31	Anjana P	B.com - 18	
32	Abhina K	B.com - 18	
33	Anamika M.T	B.com - 17	
34	Nivedya Jayaprakash	B.com - 18	
35	Malavika C.V	BBA - 17	



S.E.S COLLEGE, SREEKANDAPURAM

DETAILS OF PARTICIPANTS

8

Name of Programme :

Date :

Name of Organising Agency :

Name and Designation of Resource Person :

Signature :

SL. No.	Name of Student	Programme and batch	Signature
36	Anjima. C.P	BBA - 18	Anjima
37	SOURAV - M	BSc - Chemistry - 18	Sourav
38	Amaya. K	Bcom - 17.	Amaya
39	Vismaya A.V	Bcom - 18	Vismaya
40	Ashana k k	Bcom - 17	Ashana
41	Aswanth T K	Bsc chemistry	Aswanth
42	Joswin Augustin	Bcom 18	Joswin
43	Anusree. K K	Bcom 17	Anusree
44	Anamika. K.P	Bcom 18	Anamika
45	Midhuna. P.P	Bcom 18	Midhuna
46	Agitha. V	B.com 17	Agitha
47	sreesagary. T.V	Bsc chemistry 17	Sreesagary
48	Jishnu.Pic	Bsc chemistry 18	Jishnu
49	Sheela Purushothaman	B.com 17	Sheela
50	Sapthami V.V	Bcom 18	Sapthami

SL. No.	Name of Student	Programme and batch	Signature
51	Aparna. M.V	BA ECONOMICS 18.	
52	Neetha v.p	" 18	
53	Sarida c.c	" 18	
54	Prathyush.k	B.com - 17	
55	Smrithi.k.p	B.com - 18	
56	Neethu.c	B.com - 17	
57	Sayanth.k	BBA - 17	
58	Hanna Anura k.p	B.A Ed - 18	
59	Arijana.k.k	B.com - 18	
60	Aswini P.V	B.com - 17	
61	Riswanca. p.s	BBA 17	
62	Sarjana - P	B.Sc Chemistry	
63	Kaishona.k	B.Sc Chemistry	
64	Nanya.k	B.Sc Mathematics	
65	Nandana.k	B.Sc Mathematics	
	Dr. SHYML M.C NSS Programme Officer Unit No. 18 S.E.S College, Sreekanthapuram Kannur-670631	Dr. REJITH P.P NSS Programme Officer Unit No. 17 S.E.S College, Sreekanthapuram Kannur-670631	PRINCIPAL S.E.S. COLLEGE SREEKANDAPURAM

SKILL BASED TRAINING

06-08- 2022

NSS units 17 & 18 organised a skill-based training under the initiative of senior volunteers. They gave instruction like how to develop the soft skills particularly communication, time management, adaptability, problem solving, team work, creativity and leadership. 69 volunteers participated in the training programme.

NATIONAL SERVICE SCHEME
UNITS 17 & 18
SES COLLEGE SREEKANANDAPURAM
KANNUR UNIVERSITY

PROGRAMME
SKILL BASED TRAINING
06-08- 2022

NATIONAL SERVICE SCHEME
UNIT 17 & 18, KANNUR UNIVERSITY, SES COLLEGE SREEKANANDAPURAM
NOT ME BUT YOU
അല്ലെ രാമനാഥൻ

Skill based Training
On
Date: August 6

SKILL
LOADING...

Thalakkode, Kerala, India
SES College Rd, Thalakkode, Kerala 670831, India
Lat: 12.028169°
Long: 75.514121°
06/08/22 11:48 AM

Thalakkode, Kerala, India
SES College Rd, Thalakkode, Kerala 670831, India
Lat: 12.028169°
Long: 75.514121°
06/08/22 11:48 AM



S.E.S COLLEGE, SREEKANDAPURAM

9

DETAILS OF PARTICIPANTS
















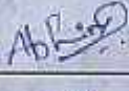




Name of Programme : Regular work - Skill based Training Date : 06/08/22

Name of Organising Agency : NISS

Name and Designation of Resource Person :

Signature :

SL. No.	Name of Student	Programme and batch	Signature
1	S.V. Theertha	BA ENGLISH - 18	Theertha
2	Shanuma S.P	BA English - 17	Shanuma
3	Fathimathul Rahma CH	BA English - 18	Rahma
4	Nandhana Balakrishnan	B.com 18	Nandhana
5	Gopika Rajesh	BA English - 17	Gopika Rajesh
6	Akshay Krishnan C.U	BA English - 18	Akshay
7	Vibina M.V	" - 17	Vibina
8	Safwana K.S	" 18	Safwana
9	AVANI. K	" - 18	AVANI
10	Shivangi Balakrishnan	B.S.cohemistry - 17	Shivangi
11	Aritha Bebin	"	Aritha
12	Nandhana T.K	BBA	Nandhana
13	Anamika K.V	"	Anamika
14	Aparna K	"	Aparna
15	Athulya K.V	"	Athulya

SL. No.	Name of Student	Programme and batch	Signature
16	Vasantha Babakrishnan	BA English - 18	
17	Ayana P.	BA ECONOMICS - 17	
18	Fathimathul Habiba K	" - 18	
19	Nandana V	B.Sc. Chemistry - 18	
20	Anjananda T	B.Sc. Physics - 18	
21	Anisha P. P	B. Com - 18	
22	Ashifa K	B. A ENGLISH - 18	
23	Anavadhya . PK	BA ENGLISH - 17	
24	Amalva . PP	BA ENGLISH - 17	
25	Ananya . CV	BA ENGLISH - 17	
26	Sneha . K	BA English - 17	
27	Sharmista V.P	" 18	
28	Keethana S. Pralasan	B.Com - 17	
29	Theja K. V	B.Com - 17	
30	Anjana P	B.Com - 18	
31	Abhinav K	B.Com - 18	
32	Anamika . M. T	B.Com - 17	
33	Nivedya Jayaprakash	B.Com - 18	
34	Malavika ev	BBA - 17	
35	Anjima C P	BBA - 18	



S.E.S COLLEGE, SREEKANDAPURAM

10

DETAILS OF PARTICIPANTS

Name of Programme :

Date :

Name of Organising Agency :

Name and Designation of Resource Person :

Signature :

Sl. No.	Name of Student	Programme and batch	Signature
36	Sapthami V.V	Bcom -18	
37	SOURAV M	BSc. Chemistry-19	
38	Aranya K	Bcoms.-17	
39	Nismaya A.V	B.com.-18	
40	Sifana K.K	Bcom-17	
41	Aswath T K	Bsc-chemistry 18	
42	Josewin Augustain	Bcom-18	
43	midhuna P.P	Bcom-18	
44	Anamika K.P	Bcom-18	
45	Anusree K.K	Bcom 17	
46	Prajitha N.V	B.com 17	
47	Sreesagar T.V	BSc chemistry 17	
48	Jishnu P.K	" -18	
49	Sheetanipureshokkoman	B.com 17	
50	Apanna M.V	B.Economics 18	

Sl. No.	Name of Student	Programme and batch	Signature
51	Neethu v.p	BA Economics 18	<u>Neethu</u>
52	Sujida c.k	11 18	<u>Sujida</u>
53	Prathyush k	Bcom - 17	<u>Prathyush</u>
54	Smruti.k.p	Bcom - 18	<u>Smruti</u>
55	Klathu.c	Bcom - 17	<u>Klathu</u>
56	Sayadh.k	BBA - 17	<u>S.</u>
57	Jamma Anna k.p	BA Eco - 18	<u>Jamma</u>
58	Archana.k.B	Bcom - 17	<u>Archana</u>
59	Arijana.k.k	11 18	<u>Arijana</u>
60	Aswini P.V	Bcom 17	<u>Aswini</u>
61	Riswana.p.s	BBA 17	<u>Riswana</u>
62	Seethana k.s.	BA Economics	<u>Seethana</u>
63	Abhinav Sreenivasan	B Com	<u>Abhinav</u>
64	Amsaj - p	BA Economics	<u>Amsaj</u>
65	Sudhath.k	BA Economics	<u>Sudhath</u>
66	Vyshnav Peasad	BA English	<u>Vyshnav</u>
67	Don Jacob Manest	BA English	<u>Don Jacob</u>
68	Mub Mubens A.p	BA Economics	<u>Mub</u>
69	Neesaj T.P	B Com	<u>Neesaj</u>

Dr. SHYNI.M.C
NSS Programme Officer
Unit No.18

Dr. REJITH P.P

N.S.S Programme Officer

PRINCIPAL

S.E.S. College, Sreekanthapuram
Kannur - 37063

S.E.S. College, Sreekanthapuram
Kannur-67063

S.E.S. COLLEGE
BREEKANDAPURAM

NSS DAY CELEBRATION

24-09-2022

NSS unit 17 & 18 celebrated the NSS day by participating in the training programme conducted by Kerala state Youth Welfare Board and District Youth Center. Two volunteers got selection for attending this programme.



The poster features a background image of NSS volunteers in uniform marching in a parade. At the top, a blue banner reads "NATIONAL SERVICE SCHEME" in white, with "UNITS 17 & 18, KANNUR UNIVERSITY, SES COLLEGE SREEKANDAPURAM" below it. On the left is the NSS logo, and on the right is the logo of Ses College. A central blue box contains the slogan "NOT ME BUT YOU" in red, with its Malayalam equivalent "മനസ്സ് നന്മാറുടെ" below it. The bottom half of the poster has a large NSS logo on the left and the text "HAPPY NSS DAY 2022" in large black letters, with "Sept 24" below it. At the bottom, the slogan "Not Me But You" is written in large blue letters, and above it, the quote "VOLUNTEER FOR A CAUSE NOT FOR APPLAUSE" is written in red.

NATIONAL SERVICE SCHEME
UNITS 17 & 18, KANNUR UNIVERSITY, SES COLLEGE SREEKANDAPURAM

NOT ME BUT YOU
മനസ്സ് നന്മാറുടെ

राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME

LEAD BRIGHT LIGHT
SES COLLEGE

राष्ट्रीय सेवा योजना
NATIONAL SERVICE SCHEME

**HAPPY
NSS DAY
2022**
Sept 24

**"VOLUNTEER FOR A CAUSE NOT FOR
APPLAUSE"**

Not Me But You



NATIONAL SERVICE SCHEME
UNITS 17 & 18
SES COLLEGE SREEKANDAPURAM
KANNUR UNIVERSITY



PROGRAMME

NSS DAY CELEBRATION

24-09-2022





S.E.S COLLEGE, SREEKANDAPURAM

DETAILS OF PARTICIPANTS

Name of Programme : NSS Day Celebration
 Name of Organising Agency : NSS
 Name and Designation of Resource Person :

Date : 24/09/2022

Signature :

Sl. No.	Name of Student	Programme and batch	Signature
1	E.V. THARATHA	BA ENGLISH - 18	
2	Shanika EP	BA English - 17	
3	Radhikathul. Radha. CH	" - 18	
4	Vinmaya A.V	B.com - 18	
5	Gopika Rajesh	BA English - 17	
6	Abshay Krishnan C.V	BA English - 18	
7	Urbina M.V	" - 17	
8	Avani - R	" - 18	
9	Shwanga. Balakrishnan	B.S.C chem - 17	
10	Ajith Babu	"	
11	Nandhana. T.K	BBA	
12	Ahamika. K.V	"	
3	Aparna. K	"	
7	Akhulya. K.V	"	
5	Amritha Amaya. K.	B.com.	

SL. No.	Name of Student	Programme and batch	Signature
16	Veertha Balakrishnan	B.A English - 18	
17	Ayana.P	B.A ECONOMICS - 17	
18	Fathimathul Huda.K	" - 18	
19	Nandana.V	Bsc. chemistry - 18.	
20	myaswada.T	Bsc. physics - 18	
21	Anusha.P.P	B.com 18	
22	Ashifa.c.k	B.A english - 18	
23	Anasudhya.P.K	BA English - 17	
24	Anah.P.P	BA english - 17	
25	Ananya.C.V	BA english - 17	
26	Sheha.K	B.A English - 17	
27	Srammeena.V.P	" 18	
28	Anjana.P	Bcom 18	
29	Abhinav.K	Bcom 18	
	Anamika.M.T	Bcom 17	
	Nivedya Jayaprakash	Bcom 18	
	SOURAV.M	BSc. chemistry - 18	
	Theja.K.V	Bcom - 17	
	Neethu.C	Bcom - 17	
	Sijana.K.K	Bcom - 17	



S.E.S COLLEGE, SREEKANDAPURAM

DETAILS OF PARTICIPANTS

Name of Programme :

Date :

Name of Organising Agency :

Name and Designation of Resource Person :

Signature :

Sl. No.	Name of Student	Programme and batch	Signature
36	Keerthana. S. Prakashan	Biom - 17	
37	Aswath T K.	B.sc chemistry 17	
38	Joswin Augustaim	Bcom - 18	
39	Midhuna. P.P	Bcom - 18	
40	Anamika. K.P	Bcom - 18	
41	ANUSREE K.K	Bcom 17	
42	Rajitha N.V	"	
43	Sreesagar. T.V	B.sc chemistry 17	
44	Jishnu. P.K	" - 18	
45	Sreehari purushothaman	Biom 17	
46	Nandhana Balakrishnan	Bcom 18	
47	Sapthami VV	Bcom 18	
48	Aparna. M.V	BA ECO 18	
49	Neethu v.p	Bcom 18	
50	Sajida C.K	"	

Sl. No.	Name of Student	Programme and batch	Signature
51	Prathyusha K	B.COM 17	<i>[Signature]</i>
52	Smriti K.P	B.COM 18	<i>[Signature]</i>
53	Sreyas L	BBA - 19	<i>[Signature]</i>
54	Thirumala Animesh K.P	B.A.Eco - 18	<i>[Signature]</i>
55	Archana K.B	B.COM - 17	<i>[Signature]</i>
56	Anjana K	" 18	<i>[Signature]</i>
57	Dswini P.V	B.COM 17	<i>[Signature]</i>
58	Melawika C.V	BBA-17	<i>[Signature]</i>
59	Anjima C.P	BBA-18	<i>[Signature]</i>
60	Riswan P.S	" 17	<i>[Signature]</i>
61	Anjima C.P	BA Economics	<i>[Signature]</i>
62	Ashifa C.C	BA Economics	<i>[Signature]</i>
63	Aparna M.V	BA Economics	<i>[Signature]</i>
64	Anitta Jay	BA Economics	<i>[Signature]</i>
65	Swatha K	B.COM	<i>[Signature]</i>
66	Abhinaya V	B.COM	<i>[Signature]</i>
67	Ajith Babu	B.Sc Chemistry	<i>[Signature]</i>

Dr. SHYNI. M.C
 NSS Programme Officer
 Unit No.18
 S.E.S. College, Sreekanthapuram
 Kannur- 670631

DEEPU JOSE K
 S.E.S. Programme Officer
 Unit No: 17

PRINCIPAL
 S.E.S. COLLEGE
 SREEKANTHAPURAM

S.E.S. COLLEGE SREEKANTHAPURAM
 ANNUP



COUNSELLING CENTRE
SES COLLEGE SREEKANDAPURAM
REPORT OF ACTIVITIES
2022-2023



*The way we talk to our children becomes their
inner voice*

*Convener- Dr. Sunitha Joseph
Assistant Professor
Department of Economics*



SES College Counselling Centre

Counselling is the service offered to the individual who is undergoing a problem and needs professional help to overcome it. A counselling centre is functioning in the college. The Centre has been established by keeping in mind the problems of students and to channelise their energy in a positive and constructive manner for finding the best in them. Our primary aim is to provide effective counselling services to students who come to us with a wide range of problems. A student who is struggling with anxiety or depression has difficulty with concentration and memory, resulting significant difficulties in colleges. The counselling centre of SES College Sreekandapuram provides counselling that results in significant improvement for as many students as possible.

co- ordinator

Smt. Sunitha Joseph, Asst. Prof. Department of Economics

Post Graduate Diploma in Counselling and Psycho- therapy

Mission

- To help in the total development of the students.
- To develop readiness for choices and changes to face new challenges.
- To help freshers to establish proper identity.
- To motivate the students from weaker sections of the society.
- To help the students in their period of turmoil and confusion.
- To identify and help students in need of special help.

Vision

Purify and strengthen the personality through guidance and counselling



The functioning of the Counselling Centre

The students can approach the counselling centre at any time. The class teachers and department heads also refer the cases. All the students are free to approach the counselling centre. Dr.. Sunitha Joseph, co-ordinator of the centre and PGDCP holder (Post Graduate Diploma in Counselling and Psycho- therapy) meet the students in the free hours and consult the cases. In certain cases counselling facility is given to the parents also. The practice of counselling and psychotherapy depends on gaining and honouring the trust of clients. The students feel free and comfort with the counselling.

Counselling room facility

A special and separate room is allotted for student counselling in order to keep the privacy and confidentiality of the counselling process.



ACTIVITIES 2022-23

Counselling camps and Life skill programmes

The purpose of any education system is not only to foster academic learning but also the all-round development of children. Academic stress, poor academic performance, cut-throat competition, drop-out, suicide, anger, violence, drug abuse, child abuse, are some of the concerns which require support of guidance and counselling. Thus under the auspicious of the counselling centre counselling camps and training classes are arranged for the students of the colleges every year. The Counselling Centre, SES college Sreekandapuram conducted one day counseling camp named INTROSPECTION -2022

INTROSPECTION - 22

Date	Name of the Resource Person and programme	List of counselors	Number Students participated
16-12-2022	Sri.satheesan MV One day seminar on counseling and mental health	1.Smt .Reena 2.Smt.shibhila 3.Smt mislath 4.Smt.sudha A 5.Smt.prabha Jose	50



Under the auspicious of counselling Centre, a counselling camp was organised in the college campus on 16th December 2022. Sri. Satheeshan M V, the counsellor and trainer inaugurated the programme. Counsellors were invited to the function. The students were motivated and 50 students had undergone for counselling by the particular counselling camp. It was a relief for the students.



The students were given orientation for the preparation of counselling camp. Their doubts about counselling process were cleared and they were prepared for the counselling camp with the effect of this orientation programme.



Follow up programme

One of the important factors about counselling is that there should be follow up after the counselling sections. After the camp the counsellors visited the college and done the follow up by meeting the students. We are thankful to the counsellors and appreciate their willingness to help the students.

“Counselling is a series of direct contact with the individual which aims to offer him assistance in changing the attitudes and behaviour.”

- Carl Rogers

Individual Counselling

Name of the Programme	Date	Name of the Resource Person	Number Students participated
Individual Counselling	2022-2023	Under –SES College Counsellingcentre	250-sessions (student counselling)

The functioning of the Counselling Centre

The students can approach the counselling centre at any time. The class teachers and department heads also refer the cases. All the students are free to approach the counselling centre. Dr. Sunitha Joseph, co-ordinator of the centre and PGDCP holder (Post Graduate Diploma in Counselling and Psycho- therapy) meet the students in the free hours and consult the cases. In certain cases counselling facility is given to the parents also. The practice of counselling and psychotherapy depends on gaining and honouring the trust of clients. The students feel free and comfort with the counselling.





*Thank
you*



*Counselling Centre
SES College Sreekandapuram*





S.E.S COLLEGE, SREEKANDAPURAM

DETAILS OF PARTICIPANTS

Name of Programme : INTROSPECTION - 2022
(Counselling Program)

Date : 16/12/2022

Name and Designation of Resource Person : Counselling Centre

Individual Councillor

Name of Resource Person : Sri. Sathyaeshan M.V Signature :

SL. No.	Name of Student	Programme and batch	Signature
1	Akhila Ashokan	B.A Economics 1 st year	
2	Anusree K.V	BA Economics 1 st year	
3	Rasmi Radhakrishnan	BA Economics 1 st year	
4	Anjana T.V	BA Economics 1 st year	
5	Rose Maria	BA Economics 1 st year	
6	Ayathi C.K	BA Economics 1 st year	
7	Nandhana M.P	BA Economics 1 st year	
8	Shabanas V.P	B.A Economics 1 st year	
9	Sanya T.C	BA Economics 1 st year	
10	Sreya Padman	Physics 3 rd year	
11	Musliha P.P	Physics 3 rd year	
12	Astaya	M.C.T	
13	Anjali Krishnan	M.C.T	
14	Abhishek seeth	B.Sc Mathematics 1 st year	
15	Nived .K.C	B.Sc Mathematics 1 st year	

MASS COMMUNICATIONS
15/12/2022
15/12/2022

SL. No.	Name of Student	Programme and batch	Signature
16	Marya Kuriakose	MCT	
17	Anamika CK	MCT	
18	Najma Nasar	MCT	
19	Furhana	MCT	
20	Rashida	MCT	
21	Siril Sibi	BA ECONOMICS	
22	Anjana U.K	BA ECONOMICS	
23	Akhila C	"	
24	Sarika P	"	
25	PRESHISHA E	"	
26	Aswathy PR	"	
27	Nandhu Mubaram	"	
28	Vyshnav U.K	"	
27	Aaravind PV	"	
28	Vyshak B	"	
29	Athul Jayaseelan P	"	
	Resource Persons (Counsellors)		
	1. Smt Reena D C Sreetha Curesh	3. Smt meslath Hells P.K.U	
	2. Shubila E	4. Smt. Sreetha A	
		5. Smt preetha Jose	

Dr. SUNITHA JOSEPH
Assistant Professor
Department of Economics
SES College, Sreekrishnapuram
Kannur Dist. Kerala - 690011



S.E.S COLLEGE, SREEKANDAPURAM

DETAILS OF PARTICIPANTS

3

Name of Programme : INTROSPECTION - 2022
(Counselling Program) - 1/1/22

Date : 16/12/2022

Name of Organising Agency : Counselling Centre

Name and Designation of Resource Person : One day Counselling Programme
Sri Satheeshan M.V

Signature :

Sl. No.	Name of Student	Programme and batch	Signature
1	Akhila .c	1 st - Economics	
2	Sanyika .P	1 st - Economics	
3	Anjana .U.K	1 st - Economics	
4	Aaravind .PV	1 st - Economics	
5	Sidil Sibi	1 st - Economics	
6	Nandha Mohanan	" "	
7	Arbomai K.V	1 st - BSc Physics	
8	Sreerag .V.P	" "	
9	ANANYAJ .C	1 st - BSc Chemistry	
10	Sourav	BSc Computer science	
11	Athul Mathew	BSc computer science	
12	Aswathi .K.V	BA . ECONOMICS	
13	Nandhana Sivadas	" "	
14	Preethisha .E	" "	
15	Vahid .P.P	BSc computer science	
16	Abhinand .M	BSc Computer science	
17	Abhinav .U.K	BBA	
18	Aadith .V.K	BBA	
19	Ismayil Yaseen	BBA	
20	Sidhaath .K	BBA	
21	Aswathi S. Krishna	B.com	
22	Abhisath .K	BBA	
23	Ditshu Sathish .P	B.com	
24	Rohith Raj	BBA	
25	Abhisath .K.P	BBA	
26	Varlan Girish	BBA	
27	Aswajith .	BBA	
28	Avishnav .P	BBA	
29	Rafas .P	BBA	
30	Alan Joseph Saju	BBA	

SL. No.	Name of Student	Programme and batch	Signature
31	Rishin Joseph Abraham	BBA	<u>Abulhas</u>
32	Jishnu.mv	BA ENGLISH	<u>Jishnu</u>
33	Uorham Krishna	B.COM	<u>Uorham</u>
34	Aromal T.V	B.COM	<u>Aromal</u>
35	Aishikesh T.V	BSC MATHEMATICS	<u>Aishikesh</u>
36	Navaneeth P.K	BA. ENGLISH	<u>Navaneeth</u>
37	Selvaraj Krishna	B.B.A	<u>Selvaraj</u>
38	Dhruv K.P	B.COM	<u>Dhruv</u>
39	Gautham Krishna K.P	BBA	<u>Gautham</u>
40	Sourav.M.V	B.B.A	<u>Sourav</u>
41	Vasun.U	B.COM	<u>Vasun</u>
42	Theertha	B.COM	<u>Theertha</u>
43	Avani Krishna.M	B.COM	<u>Avani</u>
44	Aakash.T	B.COM	<u>Aakash</u>
45	Sreehazal.K	B.COM	<u>Sreehazal</u>
46	Jithin Velajudhan	B.COM	<u>Jithin</u>
47	Vismaya K Vinod	B.COM	<u>Vismaya</u>
48	Sandra.M	B.COM	<u>Sandra</u>
49	Haripriya Krishnan	B.COM	<u>Haripriya</u>
50	Teusel Rose Saji	B.COM	<u>Teusel</u>
51	Ashwathi Mohan	B.COM	<u>Ashwathi</u>
52	Sudheesh P.M	B.COM	<u>Sudheesh</u>
53	Adithy.M	B.COM	<u>Adithy</u>
54	Akshay.P	B.COM	<u>Akshay</u>
55	Karthik.V.V	B.COM	<u>Karthik</u>
56	Ayshathu Najaya.K.A	BA English	<u>Ayshathu</u>
57	Praya.K.N	BA English	<u>Praya</u>
58	Nasna.K.V	BA English	<u>Nasna</u>
59	Aneesa.M.V	BA English	<u>Aneesa</u>
60	Fathimath Fielha.T.V	BA Economics	<u>Fathimath</u>
61	Arjun.K	BA English	<u>Arjun</u>
62	Fasna P.V	B.COM	<u>Fasna</u>
63	Zabeel.K.V	B.A English	<u>Zabeel</u>
64	Fathimathul Fielha.K.P	B.COM	<u>Fathimathul</u>
65	Anjana.K	BA English	<u>Anjana</u>
66	Nihala.P.P	BA English	<u>Nihala</u>
67	Faheema.K	BA English	<u>Faheema</u>
68	Hiba Sheari.M	BA English	<u>Hiba</u>
69	Adithyan.K	BA Economics	<u>Adithyan</u>
		B.com CA	



S.E.S COLLEGE, SREEKANDAPURAM

DETAILS OF PARTICIPANTS

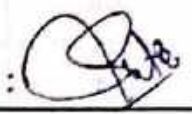
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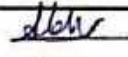

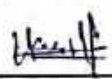

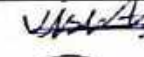

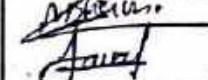
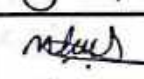
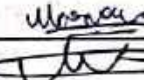
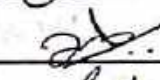


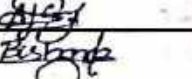


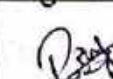
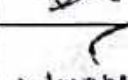
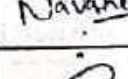
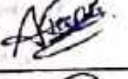



Name of Programme : INTROSPECTION - 2022
(Counselling Program)

Date : 16/12/2022

Name of Organising Agency : Counselling Centre

Name and Designation of Resource Person : Sri. Satheshan MV

Signature : 

SL. No.	Name of Student	Programme and batch	Signature
70	Abhinav.V.	B.com CA.	
71	Asrithraj.P.P	B.com	
72	HARIKRISHNAN.M.V	B.COM CA	
73	Ajmal cp	B.com CA	
74	Vishnu.A.V	B.com CA	
75	Rizaz	B.com CA	
76	Nisham.c	B.com CA	
77	Fauas.k	B.com CA	
78	Mufeed.cv	B.com CA	
79	MARVAN.KP	B.COM CA	
80	Sindar Kp	B.COM CA	
81	Muhammed fayis p.p	B.com CA	
82	Naseef.M	B.com CA	
83	Hisham K.K	B.COM CA	
84	Muhammad Yasir C.K	B.com CA	
85	K.S. Ajay priyesh	B.COM CA	
86	Jathmathul Bushara	B.COM CA	
87	Anjitha.P.P	B.com CA	
88	Vismaya.c	B.COM CA	
89	Samana.S	B.com CA	
90			
91	Riya.P	B.com CA	
92	Navaneetha.K.V	B.com CA	
93	Aleena Varghese	B.com CA	
94	Bregey.k	B.COM CA	

Sl. No.	Name of Student	Programme and batch	Signature
95 96	Theerthapadm Aaranyak	B Com CA B.A Economics	
97 98	Janhui J Rose Maria	B Com CA BA Economics	
99 100	Aswathy PR Gopika C	BA Economics Bcom CA	
101 102	Kavya KP PRARTHANA C.V	B Com CA BA Economics	
103 104	Vismaya Sunilam Shivani T.V	BA Economics BA Economics	
105 106	Shaniya Ramachandran Asathi M.V	BA Economics B.A English	
107 108	Athul Jayaseelan P Vishnav U.K	B.A Economics B.A Economics	
109 110	Anirudh Premarajan Nipan K.C	BA Economics BSc Chemistry	
111 112	Harithi P Niya Raj K R	BSc Physics BSc Physics	
113 114	Avahi M.P Ananya T.V	BSc Physics BSc physics	
115 116	Neha K.P Nihara K	BSc physics BSc Physics	
117 118	Keerthana K Sneha K.K	BSc Chemistry BSc chemistry	
119 120	Anusha O Pooja Leleshme	BSc Maths BSc chemistry	
121 122	Jyothima K	BSc Maths	
123 124	IRFAN MUHAMMED Murshid C.V	BBA BBA	
125 126	Rufai Hadi Arwin Sajeewan	BBA BBA	
127 128	Nived K.C Seby John	BSC Maths BSC Maths	
129 130	Abhishek Suresh Nived K.C	BSC Mathematics BSC Mathematics	
131 132	Vismaya Vijayan Theertha K.P	BSc Chemistry BSc Chemistry	
133 134	Ashtami Chandran O Sreya K V	BSc Chemistry BSc Chemistry	



S.E.S COLLEGE, SREEKANDAPURAM

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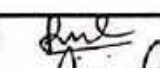
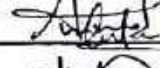
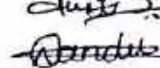
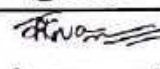
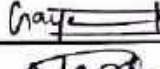
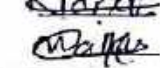
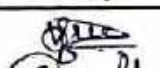
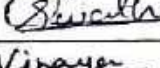
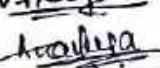
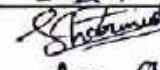
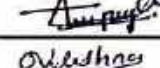
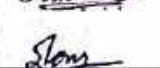
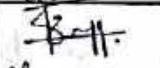


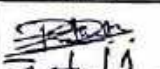
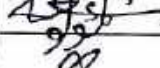
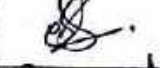
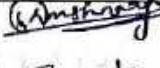

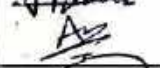
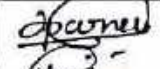



DETAILS OF PARTICIPANTS

Name of Programme : INTROSPECTION - 2022

Date : 16/12/2022

Name of Organising Agency : Counselling Centre

Name and Designation of Resource Person : Sri Sathyanarayana MV Signature : 

SL. No.	Name of Student	Programme and batch	Signature
135	Sree lakshmi P V	BSc chemistry	
136	Anirudh Luka	BSc chemistry	
137	Sujisha Surendran	BSc Mathematics	
138	Nandana P V	BSc Mathematics	
139	Nakshathra T.K	BSc mathematics	
140	Gayathri K	BSc Mathematics	
141	Nandana Anilkumar	BSc Mathematics	
142	Malavika P.P	BSc mathematics	
143	Sreelakshmi P.M	BSc mathematics	
144	Swathi M	BSc Mathematics	
145	Vinaya Gopidas K.V	BSc Mathematics	
146	Ananya V	BSc Mathematics	
147	Fathimath Sharmina Umman	BSc Mathematics	
148	Anupriya Joshy	BSc Mathematics	
149	Vibishna Babu	BSc chemistry	
150	Sona sibichan	BSc mathematics	
151	Fathimath Faiha K	BA English	
152	SHARIPRIYA	BSc CHEMISTRY	
153	DEVANANDA T.P	BSc PHYSICS	
154	Anamika P	BSc Mathematics	
155	Theertha Prakash M.V	BSc Physics	
156	Shama Lulu	BSc Physics	
157	Jeevanya C	B.A English	
158	Krishna K.T	B-A English	
159	Greenandana E.K	BA English	
160	Gopika N.V	BA Economics	
161	Avani V	BA Economics	
162	Aparna K	BA Economics	
163	Manjima V	BA English	

SL. No.	Name of Student	Programme and batch	Signature
164	Rasi Mariya Sivi	BA English	
165	Sahana IP	BA English	
166	Chandana Krishnan	BA English	
167	Naja Fathima	BA English	
168	Anagha K.P	BA ENGLISH	
169	Ajisha TV	BA English	
170	Ajali TM	BA English	
171	Megha TK	BA English	
172	Darshana V	BA English	
173	ARYA Gopinath	BA English	
174	Vyshak B	BA Economics	
175	Anurag A	BA English	
176	Sreeshan P	BA English	
177	Shibina Mariya	BA English	
178	Anya Vjith K	B.com	
179	Delna shaji	B.com	
180	Anusree K.P	B.com	
181	Nafisa PM	B.com	
182	Shamila K.K	B.com	
183	Ganiga K	B.com	
184	Krishna	B.com	
185	Sreeshma A.V	B.com	
186	Arjunee Ramachandran	B.com	
187	Geopika K.P	B.com	
188	Athira P.V	B.com	
189	Jyothika C	B.com	
190	Ananya K	B.com	
191	Anjana K.K	B.com	
192	Nandhana A.V	B.com	
193	Nandana P	B.com	
194	Arshitha T	BBA	
195	Darshana P	BBA	
196	Krishnendu P	BBA	
197	Rekha	BBA	
198	Vismaya Vinod	BBA	
199	Manju	BBA	
200	Keerthana A	BBA	
201	Ananya V.R	BBA	
202	Avani K	BBA	


Q. 12-8

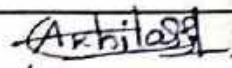



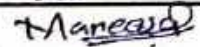
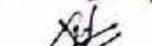
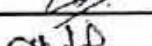
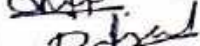
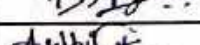





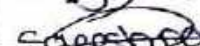

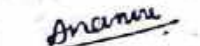

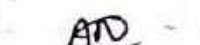





S.E.S COLLEGE, SREEKANDAPURAM

DETAILS OF PARTICIPANTS

6

Name of Programme : INTROSPECTION - 2022Date : 16/12/2022Name of Organising Agency : Counselling CentreName and Designation of Resource Person : Sri Sathyaeshan M.V Signature : 

SL. No.	Name of Student	Programme and batch	Signature
203	Akhila . P . K	B . com	
204	Adithya . A	B . com	
205	Devapriya . K . V	B . com	
206	Devika . A	B . com	
207	Maneesa . R . P	B . com	
208	Vyshnavi . P . K	B . com	
209	Chandana . M . V	B . com	
210	Diya Dinesh .	B . com	
211	Avani . A . K	B . com	
212	Vyshnavi . P . P	BBA	
213	Soodha . M . P	BBA	
214	Ananya . V	BBA	
215	Anurgha . T . K	BBA	
216	Sreeshra . M . V	BBA	
217	Anamika . P . P	BBA	
218	Ananya musali	BBA	
219	Fathimathu Sahla . K . P	BBA	
220	Misra . K . T	BBA	
221	Nashva . K .	BBA	
222	Faina . C . P	B . com	
223	Fathimathul Keeba Basheer	B . com	
224	Fathimath Safa . K . K	B . com	

SL. No.	Name of Student	Programme and batch	Signature
225	Arshija. k	Bcom	
226	Fathimath nafia. t	Bcom	
227	Peerja. P. v	BSC CS	
228	Adithya. B. v	BSC CS	
229	Sivanik	BSC CS	
230	Ajay	BCA	
231	Ajal	BCA	
232	Pournami	BCA	
233	Sahvik	BCA	
234	Abhinav. K	BCA	
235	Abhinav. P	BCA	
236	Amal sas. m. R	BCA	
237	Sayanth. k. v	BCA	
238	Navaneeth	BCA	
239	Aswani. M	BCA	
240	Fidal Kishore. Km	B. Com	
241	Athulraj. v. P	B. Com	
242	Anandhu. Manoj	B. Com	
243	VyshnavRaj	B. Com	
244	Anel. k. S	B. Com	
245	Albin Giniath. k	BSC CS	
246	ANURAH. P	Bsc. CS.	
247	VISHNU SATHISHAN	Bsc. CS	
248	Alkosh. K. C	BSC. CS	
249.	Abhishek B Suresh.	BCA	
250	Sharon Prakash	BCA	
251	Sahila. K. S	BA English	



S.E.S COLLEGE, SREEKANDAPURAM


DETAILS OF PARTICIPANTS




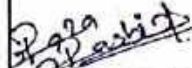
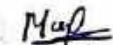







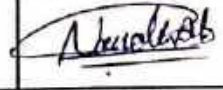

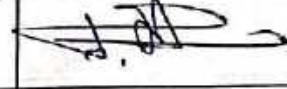
7

Name of Programme : INTROSPECTION - 2022

Date : 16/12/2022

Name of Organising Agency : Counselling Centre

Name and Designation of Resource Person : Sri Sathyaeshan MN Signature : 

SL. No.	Name of Student	Programme and batch	Signature
252	Febina Sherin P.c	BA Eng	
253	Aparna.M.K	BA Eng	
254	Lazima.k	BA English	
255	Fathimathul Ra29	BA English	
256	Mufeeda.c	BA English	
257	Duan Sherin.M	BA English	
258	Haldya.k.k	BA English.	
259	vismaya viswanathan.m	BA English	
260	Akash C	BA English	
261	Abhinav. Ashok	B.A. English	
262	Ajay Prakash	B.A English	
263	Ajsal.c	B.A English	
264	Nandhakrishna	B.A English	
265	Karthik prakash	BCA	
266	Sreenath.M	BCA	



S.E.S COLLEGE SREEKANDAPURAM
AFFILIATED TO KANNUR UNIVERSITY
NAAC RE- ACCREDITED WITH B+



WOMEN CELL

ORGANIZES

**SIX DAYS TRAINING PROGRAMME ON
EMPLOYABILITY SKILLS FOR WOMEN**

16 JAN 2023 - 21 JAN 2023 | 9:30 AM TO 4:30 PM



Beneficiaries
UG/PG FINAL YEAR GIRLS

ENGLISH AT WORK FRAMEWORK

	Session topic	No. of hours	Description of the session
DAY	Basics of communication		
1	Pre-assessment		Through google form at the beginning of the session
	I am Unique	2	Helps develop a positive self-image & identify their positive qualities
	Overcoming barriers of communication	2	Identifying and dealing with emotional barriers to speak in English
	Types of communication	2	Casual, formal, professional type of communication
2	Fundamental rules for speaking and writing	2	Fundamental rules such as respect, clarity, preciseness, empathy and confidentiality
	Effective listening & simple conversations	2	Attention to detail while listening and building vocabulary for conversations
	Collaboration Skills	2	Students will learn to respect the ability & contribution of peers.
	Professional communication with peers		
3	Receiving and giving information	2	Appropriate language for exchanging information, opinions or ideas through formal conversations and writing emails, whats app conversations
	Participation in meetings	2	Setting the meeting agenda, starting a meeting, organizing points, sharing view points and closing a meeting, writing minutes of a meeting, appropriate body language during a meeting
	Dealing with conflicts within teams	2	Positive language for polite speech, handling difficult situations, problem solving, negotiation skills
	Refresher for interview skills		
4	Creating online job profile	2	Creating linkedin/ other online job profiles - identifying, networking and applying
	Telephone and online etiquette	2	The 5P's of Etiquette during telephone and online interview: Being prepared, present, polite, patient, professional and proactive.
	Acing a Group Discussion	2	
5	Interview Preparation 1	2	Help learner the importance of resume ,its do's and don'ts and its elements
	Interview Preparation 2	2	
	Professional communication with leadership teams		
	Updation and reporting	2	Updating progress and challenges to reporting head, email writing to senior management
6	Clarifying a task	2	Requesting guidance, suggestions and clarifying doubts, etiquette for video conferencing platforms
	Meeting a client	2	Asking for an appointment, conversation during the meeting and follow ups
	Participation in a conference	2	Etiquette and professional communication during travel and stay with colleagues and officials, participation and dining etiquette in a conference event
	Post Assessment		Through google form at the beginning of the session
	Total training hours	36	

Certificate

OF COMPLETION

This Certificate is awarded to

Mariya Kuriyakose

from *S.F.S College, Sreekanthapuram*

of *M.A Journalism & Mass Communication* on successful completion of

"Employability Skill Programme" conducted by Mahindra Pride Classroom,

Naandi Foundation from *2022* to *2023*

Madhu

Chief Skills Officer

Mahindra
PRIDE CLASSROOM

 **Naandi**

21/01/23

Date



SES COLLEGE SREEKANDAPURAM

(Accredited by NAAC with 'B+' Grade) Affiliated to Kannur University



Criterion 5- Student Support and Progression

5.1 Student Support

5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following

- 1. Soft skills**
- 2. Language and communication skills**
- 3. Life skills (Yoga, physical fitness, health and hygiene)**
- 4. ICT/computing skills**



SES COLLEGE SREEKANDAPURAM

DEPARTMENT OF PHYSICS

Know Your Language

Session Handled By,



Sri Rajan P

Bank Manager (Rtd)
Kerala Gramin Bank
Head Office , Malappuram
(Motivational Speaker)

Programmes

- Welcome Speech : Dr.Dhanya A C
(HOD Physics Department)
- Presidential Address : Dr.Dominic Thomas
(Principal SES College)
- Vote of Thanks : Dr.Rejith P P
(Assistant Professor)

DATE : 05 /01/2023

TIME : 11 a.m. - 12 noon

VENUE : Seminar Hall

SES COLLEGE SEMINAR HALL




WELCOME TO
DEPARTMENT OF
PHYSICS

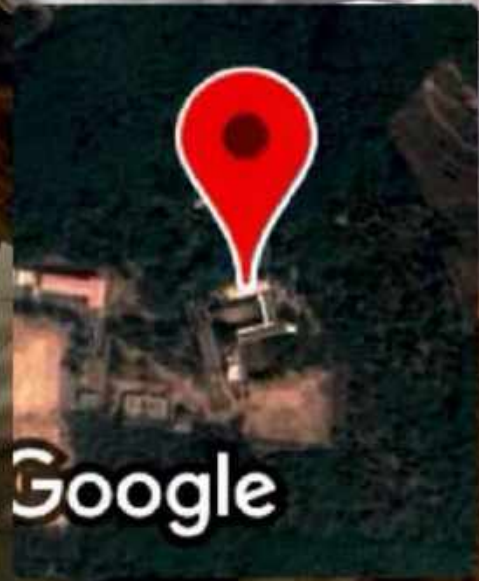


 **SES COLLEGE**
SEMINAR HALL

WELCOME TO
DEPARTMENT OF
PHYSICS



 GPS Map Camera



Thalakode, Kerala, India
SES College Rd, Thalakode, Kerala 670631, India
Lat 12.026322°
Long 75.518557°
05/01/23 11:29 AM GMT +05:30

S.E.S.COLLEGE, SREEKANDAPURAM

ACTIVITY No. 14

DATE: 05/01/2023

EVENT: Skill and Language acquisition programme.

(11-12:30)

GUEST OF HONOUR: Sri Rajan P.

Really Ecstatic - Real pleasure, - felt
 Let me express it from the core, depth
 of my Heart. Felt like 'rowing' a boat
 together. My Heartful of Gratitude to
 one and all. Thank you


 Rajan P.


 Dr. Dhanya. A.C
 Assistant Professor & HOD
 Department of Physics
 SES College Sreekanthapuram
 Kannur-670631



(13) Alumni meet (Alumni Register) (14) - Skill acquisition pgm.

S.E.S COLLEGE, SREEKANDAPURAM

8

DETAILS OF PARTICIPANTS



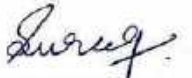

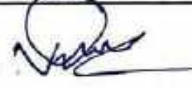






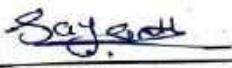



Name of Programme : Language and skill acquisitⁿ pgm

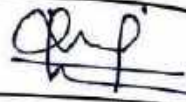

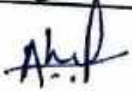














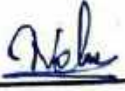


Date : 05/01/2023

Name of Organising Agency :

Name and Designation of Resource Person : Sri Rajan P

Signature : 

SL. No.	Name of Student	Programme and batch	Signature
1	Saran - P	3 DC PHYSICS	
2	SAGAR.P	"	
3.	SURAG.P	"	
4	shamal chandran.	"	
5	Vishnu.k	"	
6.	Nikhil.P	"	
7.	Abinav.A	"	
8	Vishnu.m.v	"	
9	Ajoun Rajeev KV	"	
10	PRATHYUSH.VC	"	
11	ANAND.KK	"	
12	Sayanth.k	"	
13	SAYAN.V.C	"	
14	Aswanth.k	2 nd DC phy	
15	sangeeth M V	"	

SL. No.	Name of Student	Programme and batch	Signature
16	Dheevaj .j.v	2nd DC Phy	
17	Anagh . P	2nd DC Phy	
18	Abhinand .K.M	2nd DC Phy	
19.	Ashush .T. Ramesh	2nd DC .phy	
20.	Abhin Saju	"	
21 .	Dhaeraj . k	"	
22.	Sreehari Ramesh	3 rd Phy	
23.	Harithik kp	1 st phy	
24.	Naveen Thomas	"	
25.	Axomal k.v	"	
26	Devananda .T.P	"	
27	Theertha Pralcash M.V	"	
28	Shama Lulu	"	
29	Avani.c	2nd DC Phy	
30	Kushna K	"	
31	Adithya .T.v	"	
32.	IRFANA .P.P	"	
33	Nidhiya Kuslyan	"	
34.	Aryananda - T	"	
35.	Gopika .R	3 rd Phy	



S.E.S COLLEGE, SREEKANDAPURAM

DETAILS OF PARTICIPANTS

9

Name of Programme :

Date :

Name of Organising Agency :

Name and Designation of Resource Person :

Signature :

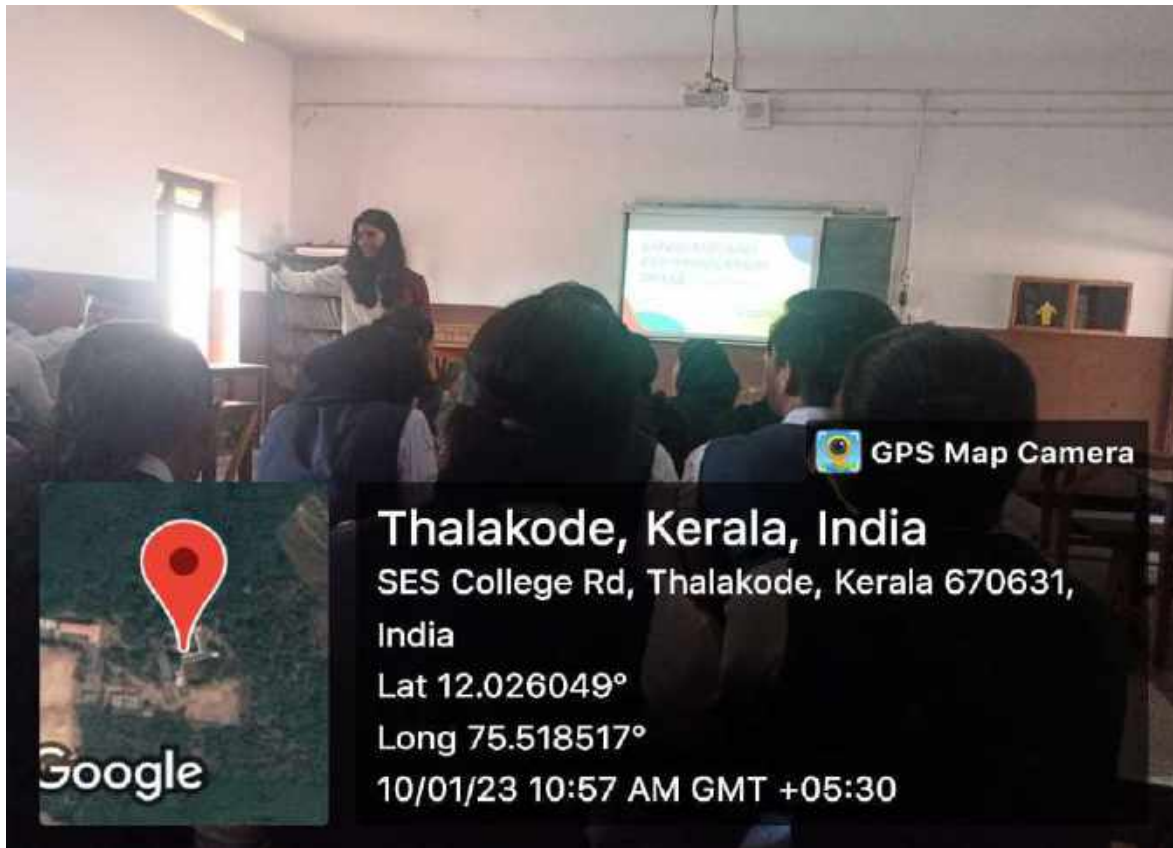
SL. No.	Name of Student	Programme and batch	Signature
36	Hasana. N.P	1 st yr phy	
37	Adwaita. S.P	"	
38	Shilpa P	"	
39	Anjana F.L	"	
40	ARSHITHA. P	"	
41	Sreya Padmasam	"	
42	Musliha PP	"	
43	Niharika. K	1 st year physics	
44	Niya Roy K R	"	
45	Ananya. T.V	"	
46	Neha. K.P	"	
47	Avani. M.P	"	
		Dr. Dhanya. A.C Assistant Professor & HOD Department of Physics SES College Sreekanthapuram Kannur-670631	
			PRINCIPAL S.E.S. COLLEGE SREEKANDAPURAM

Department of Physics
S. E. S. COLLEGE
SREEKANDAPURAM

Language and communication skills program

The Department of Commerce-BBA at SES College, Sreekandapuram, conducted a language and communication skills program on 10 January 2023, and the program was facilitated by Miss Sandra Marion Siby. The aim of the program was to enhance the language and communication skills of the students. A total of 49 students attended the programme. Miss. Sandra Marion Siby took the session with great enthusiasm and passion, and the students were highly interested in the program. The program started with an introduction, and then Miss. Sandra Marion Siby gave a presentation that highlighted the importance of language and communication skills in the field of commerce. She also provided some insights about writing skills, presentation skills, and the importance of non-verbal communication. The program also featured a series of interactive activities in which the students actively participated.







S.E.S COLLEGE, SREEKANDAPURAM

10

DETAILS OF PARTICIPANTS

Name of Programme : Language & Communication Skills











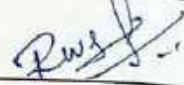



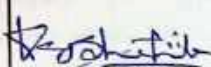

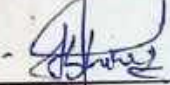
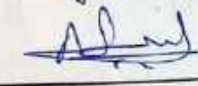


Date : 10/01/2023.

Name of Organising Agency : Dept. of Commerce - BBA

Name and Designation of Resource Person : Sandra Marion Siby
1st Vice-Chancellor

Signature :

SL. No.	Name of Student	Programme and batch	Signature
1	RUMAISSA.E	III rd BBA	
2	NIHALA K.P	III rd BBA	
3.	ATHIRA.E	III rd BBA	
4	JUMAILA.PP	III rd BBA	
5	NIRANJANA.K	II nd BBA	
6	HARIKA AJITH.K	II nd BBA	
7	NAIMA.C.V	II nd BBA	
8	ANAMIKA.KV	II nd BBA	
9	APARNA.K	II nd BBA	
10	NANDHANA.T.K	II nd BBA	
11	ANJIMA.C.P	II nd BBA	
12	PRAVEENA.E.P	II nd BBA	
13.	KAVYA RAVEENDRAN	II nd BBA	
14.	VIJINA N.A	II nd BBA	
15	Navya.U	II nd BBA	

SL. No.	Name of Student	Programme and batch	Signature
16.	ANAGHA-V	III rd BBA	
17.	ANUSHREE.P.G.	II nd BBA.	
18	ANUBHASREE.A	III rd BBA	
19.	GIPIKA E.K	"	
20	ANIT JOY	"	
21	APARNA VIJAYAN	"	
22	FATHIMA TUL FAHEEMA	"	
23	ALEENA DEVASIA	II nd BBA	
24	ATHULYA.K.V	"	
25	AMRUTHA.P.P	"	
26	RISWANA.P.S	"	
27	RUBINA.KP	"	
28	SANA.KC	"	
29	MAZNA.K	"	
30	VYSHNAV PRASAD	"	
31	NANDAJ.K.P	"	
32	ABHINAV.K	I st BBA	
33	MUHAMMED ASLAM.K.V	III rd BBA	
34	ABHAY-E	III rd BBA	
35	MUHAMMED AFLAH.K	" "	



S.E.S COLLEGE, SREEKANDAPURAM

DETAILS OF PARTICIPANTS

11

Name of Programme : Language & communication skills Date : 10/01/2023

Name of Organising Agency : Dept. of Commerce - BBA

Name and Designation of Resource Person : Sandra Marion Siby Signature :

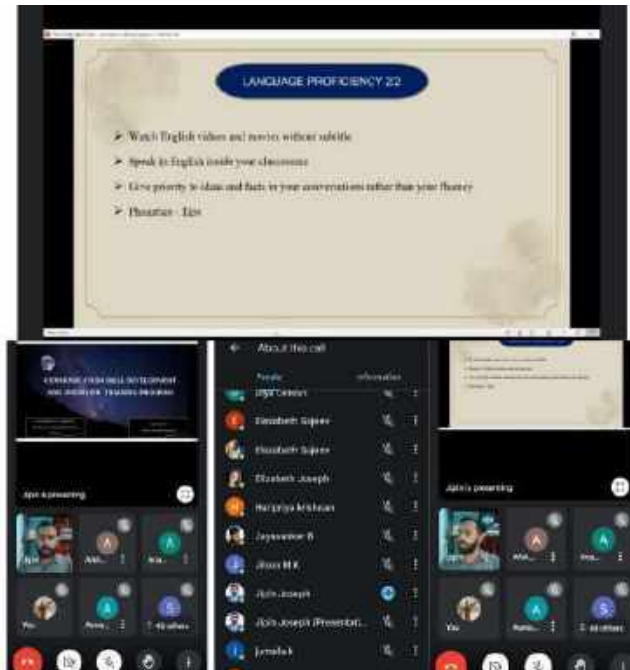
SL. No.	Name of Student	Programme and batch	Signature
36	VYSHNAV .T.V	III rd BBA	
37	SIDHARTHA PRAKASH.O	III rd BBA	
38	SAI SASEENDRAN	III rd BBA	
39	Muhammed Mubeen A.P.	II nd BBA	
40	Jithin .G	III rd BBA	
41	Athul Shaji	III rd BBA	
42	Bismal Philipson	III rd BBA	
43	AKSHAY.V	III rd BBA	
44	ASWIN .P.P	III rd BBA	
45	Don Jacob Manesh	II nd BBA	
46	ABHISHEK .C	II nd BBA	
47	ASWIN.T.C	II nd BBA	
48	SAJESH .K	II nd BBA	
49	NIKHIL .R	I st BBA	

SANDRA MARION SIBY
Asst. Professor
Dept. of Commerce

Sreekanthapuram

COMMUNICATIVE SKILL DEVELOPMENT PROGRAM

Think English Speak English



SES college Sreekanthapuram Department commerce organized a communicative skill development program "Think English speak English "on 04/03/2023 at 6pm. The session was taken in google meet by Mr Jipin Joseph trainer Skymark Education Kannur. 61 students participated in the program. The welcome speech was delivered by Dr Shyni MC(Assistant Professor) The program was inaugurated by Jasna P(HOD Department of Commerce) and Vote of thanks given by Jumaila K(Assistant Professor).



S.E.S COLLEGE, SREEKANDAPURAM

62

DETAILS OF PARTICIPANTS

Name of Programme : COMMUNICATIVE SKILL DEVELOPMENT PROGRAMME
THINK ENGLISH SPEAK ENGLISH. Date : 4/3/2023.

Name of Organising Agency : DEPARTMENT OF COMMERCE

Name and Designation of Resource Person : JIPIN JOSEPH, TRAINER
SKY MARK, KANNIA

SL. No.	Name of Student	Programme and batch	Signature
1	Gopika . k p	I Bcom	
2	Akhila p k	I Bcom	
3	Anandhu manoj	I Bcom	
4	Anjitha A	I Bcom	
5	Argasree.	I Bcom	
6	Aswathi mohanan.	I Bcom	
7	Arthira p v	I Bcom	
8	Avani krishna.	I Bcom	
9	Delna shaji	I Bcom	
10	Devapriya k v .	I Bcom	
4	Devika A	I Bcom	
12	Pathimath Safa . k k	I Bcom	
13	fathimath zeha .	I Bcom	
14	Haiipriya krishnas .	I Bcom	
15	Jyothika .	I Bcom	

SL. No.	Name of Student	Programme and batch	Signature
16	Sreeshma. A v	I Blom	Sreeshma
17	Theertha mol	I Blom	Theertha
18	Varun U.	I Blom	Varun
19	Vismaya. K vinod.	I Blom	Vismaya
20	Yyshnavi PK	I Blom	Yyshnavi
21	Aiswarya k k	I Blom	Aiswarya
22	Akash T	I Blom	Akash
23	Amal Johny	I Blom	Amal
24	Amal N K	I Blom	Amal
25	Anal K S	I Blom	Anal
26	Ananya. k k	I Blom	Ananya
27	Anjana k k.	I Blom	Anjana
28	Archan, Sumod.	I Blom	Archan
29	Aromal t v.	I Blom	Aromal
30	Arshidha. k.	I Blom	Arshidha
31	Anjana NT	II Blom	Anjana
32	Anamika. NT	II Blom	Anamika
33	Anjana k k	II Blom	Anjana
34	Sapthami v v	II Blom	Sapthami
35	S. Panna k k	II Blom	S. Panna



S.E.S COLLEGE, SREEKANDAPURAM

DETAILS OF PARTICIPANTS

63

Name of Programme :

Date :

Name of Organising Agency :

Name and Designation of Resource Person :

Signature :

SL. No.	Name of Student	Programme and batch	Signature
36	Uismaya . k	II Bcom	
37	Nayiya . N . P	II Bcom	
38	Fathimath Sana .	II Bcom	
39	Amaya k.	II Bcom	
40	Sruthi P k	II Bcom	
41	Sruthi k P .	II Bcom	
42	Aswini p v .	II Bcom	
43	Abhinav k	II Bcom	
44	Archana k B .	II Bcom	
45	Sruthi m .	II Bcom	
46	Sangeetha .	II Bcom	
47	Anusree . k k	II Bcom	
48	Niveedhya Jayamakash	II Bcom	
49	midhuna . P	II Bcom	
50	Nijisha . k	II Bcom	

8. Communicative English class

Date-2/3/23

Resource person-Mr.Joshy Jose

Participants-66

We have provided communicative English class for students to teach them the importance of English language in their career.





S.E.S COLLEGE, SREEKANDAPURAM

12

DETAILS OF PARTICIPANTS

Name of Programme : Communicative English

Date : 2/3/23

Name of Organising Agency : Dept. of Computer Science & Application

Name and Designation of Resource Person : Ms. Jashy Jase

Signature :

SL. No.	Name of Student	Programme and batch	Signature
1	Sona Benny	BCA-I	
2	Alena Mathew	BCA -I	
3	Aarthana P.M	BCA-I	
4	Abhinavi.T.B	BCA-I	
5	Anaswara Rajendran	BCA-I	
6	Sreerath.m	BCA-I	
7	Abhishek B Suresh	BCA - I	
8	Muhammed Shami	BCA-I	
9	Sravani A.V	BCA-I	
10	Sangeetha Babu.k	BCA-I	
11	Sivani.k	BSC CS-I	
12	Pooja.P.V	BSC CS-I	
13	Adithya.B.V	BSC CS I	
14	Rubaida CoH	BCA -I	
15	Nada Dathima.	BCA -I	

Preethi k k D

SL. No.	Name of Student	Programme and batch	Signature
16	Leena Abdu Rasheed	BSC. CS I	
17	Fida Fathima	BSC. CS I	
18	Jasira P P	Bsc cs I	
19	Sneelakshmi K	BSC. CS I	
20	Anagha DK	BSC. CS I	
21	Akhil Joseph	BCA III	
22	Jesvin Devosia	Bsc. cs III	
23	Rahul K	BSC. CS III	
24	Misaja C.H	BSC. C.S III	
25	Jishnu Prasad PC	BCA III	
26	Abinav Sajeeran	BCA III	
27	Athish A	BCA III	
28	VISHNU	BCA III	
29	AJOY	BCA II	
30	Abhinav K	BCA 3rd	
31	Abhinav Sajeeru	BCA 3rd	
32	Aswanth T	BCA 3rd	
33	Ajay Sanandhanan	BCA 3rd	
34	Akhil Antony	BCA 3rd	
35	Vishnu Rajan	BCA 3rd	

Deepthi K



S.E.S COLLEGE, SREEKANDAPURAM

13

DETAILS OF PARTICIPANTS

Name of Programme : *Communicative English*

Date : *2/3/23*

Name of Organising Agency : *Dept. of Computer Science & Application*

Name and Designation of Resource Person : *Mr. Joshy Jose* Signature :

SL. No.	Name of Student	Programme and batch	Signature
36	Anukerth. E. K	BCA 3 rd	
37	Rahul Rajesh	"	
38.	Adwin Adwin	"	
39	Arya krishnan. R. k	"	
40	Beehika K P K Nambiar	"	
41	Elizabeth M. A	"	
42	Ananya. O. P	"	
43	Arya. k	"	
44	Romy Rajuk	BCA II nd	
45	Nirmal. C	"	
46	Sayooj. N. V	"	
47	Nandana. P	"	
48	Tithya. k	MSC C.S	
49	Sadeeda. k	"	
50	Udaya. M	"	

Deepthi K. D.

LANGSCAPE

LYRE continues its efforts to familiarize language and its usages through 'Langscape'



**'Crying wolf' is an idiom
which means to ask for
help when you don't need it**





SES COLLEGE SREEKANDAPURAM

(Accredited by NAAC with 'B+' Grade) Affiliated to Kannur University



Criterion 5- Student Support and Progression

5.1 Student Support

5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following

- 1. Soft skills**
- 2. Language and communication skills**
- 3. Life skills (Yoga, physical fitness, health and hygiene)**
- 4. ICT/computing skills**

A CLASS ON LAB SAFETY MEASURES AND COMPETITIVE EXAM GUIDANCE

A class on Lab safety measures and competitive exam guidance was given to the students of 2nd and 3rd BSc Chemistry on 20th March 2023 at 12 pm. The session was handled by Hariprasad C K, SERAH (Science Education, Research and Activity Hub), CSIR-JRF, IISER Pune. Participants ~34





S.E.S COLLEGE, SREEKANDAPURAM


11





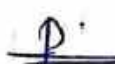







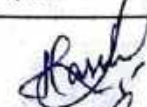


DETAILS OF PARTICIPANTS


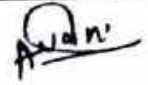


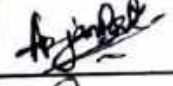
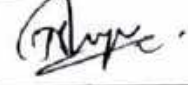
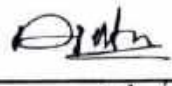
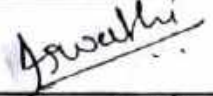








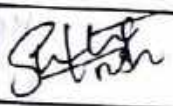

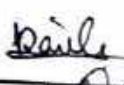

Name of Programme : Class on Lab Safety Measures and Competitive Exam Guidance Date : 20/3/2023

Name of Organising Agency : Dept of Chemistry

Name and Designation of Resource Person : Haniprasad C K

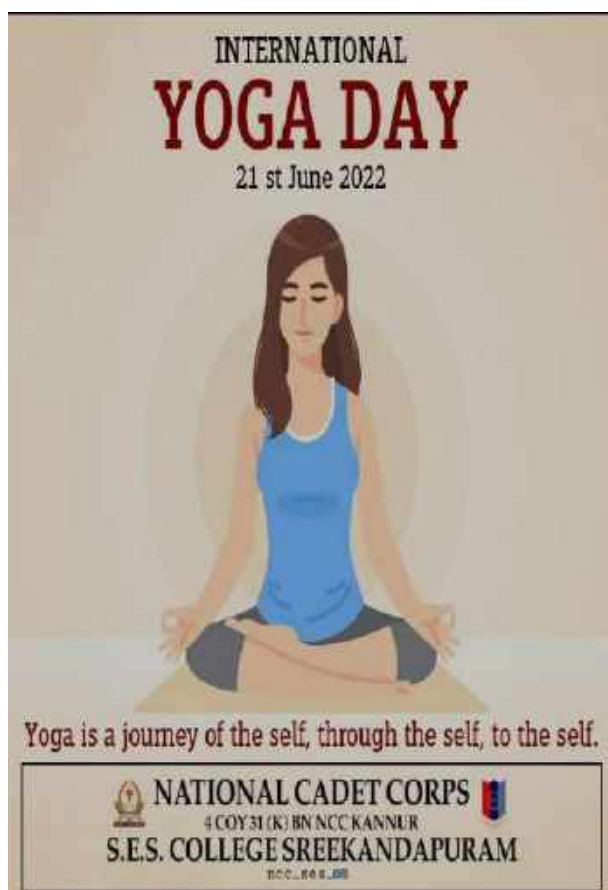
Signature : 

SL. No.	Name of Student	Programme and batch	Signature
1	Aswanth P	III BSc	
2	Alia Maria Bina	III BSc	
3	Krishnakumar M	"	
4	Ansal T K	"	
5	Prathul Raj	"	
6	Shela K	"	
7	sneha	"	
8	Aswathi P P	"	
9	Ameya Arith E R	"	
10	Laya Raj KV	"	
11	Manjima T	"	
12	Harsha C P	"	
13	Harsha M K	"	
14	Sheha Jaya Prabath	"	
15	Anjusha	"	

SL. No.	Name of Student	Programme and batch	Signature
15	Saeelakshmi R-K	II nd BSc	
16	Arani . M	"	
17	Gopika Prasad	"	
18	Amrutha Gopi	"	
19	Anyana Balachandran	"	
20	Wanya V.N.	"	
21	Ajith Babu.	"	
22	Aswathi Paom .R.K	"	
23	Nardhana . v	"	
24	Aiswarya Ganghadaran	"	
25	Anisha . P . P .	"	
26	Devika M-K.	"	
27	Shivangi Balakrishnan	"	
28	Aswin Saeentran	"	
29	Aswanth . T . K .	"	
30	Soupar	"	
31	Saeenesh .	"	
32	Jishnu	"	
33	Karlas Nach	"	
34	Harshyam	"	

INTERNATIONAL YOGA DAY 21/06/2022

The N.C.C Unit of S.E.S. College Sreekandapuram celebrated International Yoga Day on 21st June, 2022. A live Yoga Session was conducted in the College for everyone's lifestyle. The welcome speech was delivered by Lt. Preju K Paul, ANO of S.E.S. College. The inauguration was done by Dr Dominic Thomas, Principal of S.E.S. College Sreekandapuram. The felicitation was delivered by Mr. Sajeesh T J IQAC Co-ordinator of S.E.S. College. The Yoga practice was very useful and interesting as the cadets could learn more about the history of Yoga and how it helps a human being to stay fit and decrease the mental stress. There was an active participation of all cadets to make the program successful. All cadets of the NCC unit, S.E.S. College did yoga and posted their pictures of practising yoga.





S.E.S COLLEGE, SREEKANDAPURAM

6

DETAILS OF PARTICIPANTS

Name of Programme : *International Yoga Day*

Date : *21-06-2022*

Name of Organising Agency :

Name and Designation of Resource Person :

Signature :

SL. No.	Name of Student	Programme and batch	Signature
1.	<i>ANAL SURGH</i>	<i>1st B Com.</i>	<i>[Signature]</i>
2.	<i>JEEVAN RUPESH</i>	"	<i>[Signature]</i>
3.	<i>ANJANA NT</i>	"	<i>[Signature]</i>
4.	<i>AMEGH C</i>	<i>1st BA English</i>	<i>[Signature]</i>
5.	<i>MAHUN CHANDRAN K</i>	"	<i>[Signature]</i>
6.	<i>SARANBI K</i>	"	<i>[Signature]</i>
7.	<i>JATHU MURALI CHANDRAN</i>	"	<i>[Signature]</i>
8.	<i>ANJANA CK</i>	"	<i>[Signature]</i>
9.	<i>ARATHI PO</i>	<i>1st BA Economics</i>	<i>[Signature]</i>
10.	<i>ASWATHI VIJAYAN</i>	"	<i>[Signature]</i>
11.	<i>ANIT ROSE PP</i>	"	<i>[Signature]</i>
12.	<i>ABHITHA T</i>	"	<i>[Signature]</i>
13.	<i>DRANAV K</i>	"	<i>[Signature]</i>
14.	<i>ANJANA P</i>	"	<i>[Signature]</i>
15.	<i>ANUVARNA B</i>	<i>1st BBA</i>	<i>[Signature]</i>

MEGA EVENT ORGANIZED BY KANNUR UNIVERSITY

06-10-2022

Kannur University NSS cell and Kannur City Police Department organised an anti drug campaign involving 5000 volunteers on October 6. This programme was a mega event and it was a grand success. 31 NSS volunteers of Unit 17 and 18 actively participated in this programme



NATIONAL SERVICE SCHEME
UNITS 17 & 18
SES COLLEGE SREEKANDAPURAM
KANNUR UNIVERSITY



PROGRAMME
MEGA EVENT
OCT 6



06 MEGA EVENT
ഉദ്ഘാടനം
R Ilango IPS
കവാറി വിരുദ്ധ ഇവൻ

Prof. Gopalan Haradhan
Vice-Chancellor,
Kannur University

1 കവാറി
National Service Scheme
"സമീപനം മാറ്റം"

NO TO DRUGS



Kannur, Kerala, India
Kannur, Kerala 670001, India
Lat 11.874485°
Long 75.370182°
06/10/22 11:48 AM GMT +05:30



Kannur, Kerala, India
Kannur, Kerala 670001, India
Lat 11.874485°
Long 75.370182°
06/10/22 11:48 AM GMT +05:30



കവാറി വിരുദ്ധ ഇവൻ

ഉദ്ഘാടനം: 10:30 AM
സാന്നിദ്ധ്യം: R Ilango IPS, Prof. Gopalan Haradhan



S.E.S COLLEGE, SREEKANDAPURAM

16

DETAILS OF PARTICIPANTS

Name of Programme : Anti-Drug programme.

Date : 06/10/22



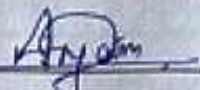















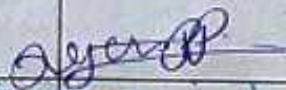

Name of Organising Agency : Flash Mob - Mega-Event

NISS Cell, Kannur University of City Police.

Name and Designation of Resource Person :

Signature :

SL. No.	Name of Student	Programme and batch	Signature
1	SRUTHI	Bcom -18	
2	AKEETHA.C	B.com -17	
3	ASWINI	Bcom -17	
4	AMAYA	Bcom -17	
5	ANAMIKA.M.T	Bcom -17	
6	ALIVEDYA JAYA PRADASH	Bcom -17	
7	MALAVIKA	BBA	
8	MANDANA.T.K	BBA	
9	APARNA.K	BBA Economics	
10	ANJINTA	BA Economics	
11	VIBINA	BA English	
12	GOPIKA RAJESH	BA English	
13	ANJITHA	BA English	
14	VEERTHANA	Bcom -17	
15	ANAMIKA	Bcom	

SL. No.	Name of Student	Programme and batch	Signature
16	SAPTHAMI	Bcom 18	
17	VISMAYA	B Com	
18	ANJANA K K	B Com	
19	ANISHA	B Com	
20	SHIFANA	Bcom - 17	
21	G.V. THEERTHA	BA ENGLISH 18	
21	Xith Babu	Bsc Chemistry	
22	Aparna M V	BA ECONOMICS 18	
23	Neethu v p	11 18	
24	Salida C. K	11 18	
25	Anathyash.K	Bcom - 17	
26	Sayanth	BBA - 17	
27 *	Hamna Amina K P	BA Eco - 18	
28	Sreehari Pulashothaman	B.com - 17	
29	Archana. ICB	Bcom 17	
30	Anjana K K	11 18	
31	Riswanar . p	BBA 17	
			
	Dr. SHYNI. M.C NSS Programme Officer Unit No.18	Dr. REJITH P.P NSS Programme Officer Unit No.17	PRINCIPAL S.E.S. COLLEGE SREERANDAPURAM
	S.E.S. College, Sreekanthapuram Kannur-670631	S.E.S. College, Sreekanthapuram? Kannur-670631	

ANTI-DRUG PROGRAMME (Flash mob)

14-10-2022

NSS volunteers with the objective of preventing youth from drug abuse arranged a Flash mob inside the campus premises. 30 volunteers participated in this programme

शुद्ध सेवा योजना
NATIONAL SERVICE SCHEME

NATIONAL SERVICE SCHEME
UNITS 17 & 18
SES COLLEGE SREEKANDAPURAM
KANNUR UNIVERSITY

1977
S.E.S. COLLEGE

PROGRAMME
ANTI-DRUG PROGRAMME (Flash mob)
14-10-2022

SES COLLEGE SREEKANDAPURAM
NATIONAL SERVICE SCHEME
Presents

FLASH MOB

SAY NO TO DRUGS

NSS UNIT 17 & 18
14 OCTOBER 2022
FRIDAY
@11.30 AM

VENUE: SES COLLEGE SREEKANDAPURAM

S. E. S COLLEGE SREEKANDAPURAM
NSS UNIT 17&18
Flash mob
Against Drug Abuse

Thalassery, Kerala, India
14 Oct 2022
11:30 AM

Thalassery, Kerala, India
14 Oct 2022
11:30 AM

Thalassery, Kerala, India
14 Oct 2022
11:30 AM

Thalassery, Kerala, India
14 Oct 2022
11:30 AM

CC BY-NC-SA



S.E.S COLLEGE, SREEKANDAPURAM

17

DETAILS OF PARTICIPANTS


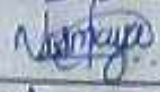













Name of Programme : Anti Drug Programme Flash Mob Date : 14/10/2022

Name of Organising Agency : NSS

Name and Designation of Resource Person :

Signature :

SL. No.	Name of Student	Programme and batch	Signature
1	SRUTHI	B.com - 18	
2	NEETHU . C	B.com - 17	
3	ASWINI	B.com - 17	
4	AMAYA	B.com - 17	
5	ANAMIKA M.TII	B.com	
6	NIVEDYA JAYAPRAKASH	B.com	
7	MALAVIKA	BED	
8	NANDANA J.K	//	
9	APARNA-K		
10	ANJIMA	//	
11	VIBINA	B A English	
12	GOPIKA RATESH	B A English	
13	ANJITHA	B A Engfu	
14	KEERTHANA	B.com	
15	ANAMIKA	B.com	

Sl. No.	Name of Student	Programme and batch	Signature
16	SAPTHAMI	Bcom 18	
17	VISMAYA	B Com	
18	ANJANA K K	B Com	
19	ANISHA	B Com	
20	SHIFANA	B.com-17	
21	E.V.THEERTHA	BA ENGLISH - 18	
22	APARNA M.V	B.A ECONOMICS 18	
23	Neethu vip	11 18	
24	Satula cil	11 18	
25	Preethyush.k	Bcom - 17	
26	Jamma Amma k.P	B A Eco - 18	
27	Sayanidh.k	BBA - 17	
28	Archana.k.B	Bcom - 17	
29	Anjana.k.k	11 18	
30	Riswana.p.s	BBA 17	

Dr. SHYNI. M.C
NSS Programme Officer
Unit No. 18
S.E.S College, Sreekanthapuram
Kannur-670631

Dr. REJITH P P
NSS Programme Officer
Unit No. 17
S.E.S College, Sreekanthapuram
Kannur-670631

PRINCIPAL
S.E.S. COLLEGE
SREEKANDAPURAM

SES College Sreekanthapuram



Anti Drug Club Activities Report

2022-23

*Convener- Dr. Sunitha Joseph
Assistant Professor
Department of Economics*



Aunti Drugs Club SES College Sreekanthapuram

Substance abuse has become an alarming health crisis on college campuses across the nation. Considering the issue in the present scenario, SES College Sreekanthapuram in association with Excise Department and (COTP) Act 2003, extended the activities of Anti- drug Club on October, 2016. The club was initiated to prevent substance abuse - addictive behaviours in the campus.

The college anti-drug cell has been constituted to ensure a drug- free campus by imposing a total ban on the possession or consumption or use of drugs and alcohol by students of the college, within or outside the campus.

The duties of the anti-drugs club include organizing awareness programmes in the college with the help of Excise Department. Educating the students about the ill-effects of drugs and alcohol, encouraging peer policing among students against the use of drugs and reporting of any noticed use of drugs by the students to the student's affairs committee are also the duties of the anti-drugs cell.

Dr. Sunitha Joseph, Asst. Prof. Department of Economics is the co- ordinator of the club. The centre provides guidance to enable the students to keep away from drugs.

“Be proud to be drug-free.”



Mission

- To spread awareness to ensure a drug/ substance free campus.
- To engage the students in anti- drug activities
- Motivate students to become volunteers of anti-drug activities in their life.
- Ensure no sale of drugs or alcohol in college premises.

Vision

Purify and strengthen the personality through guidance against Drugs



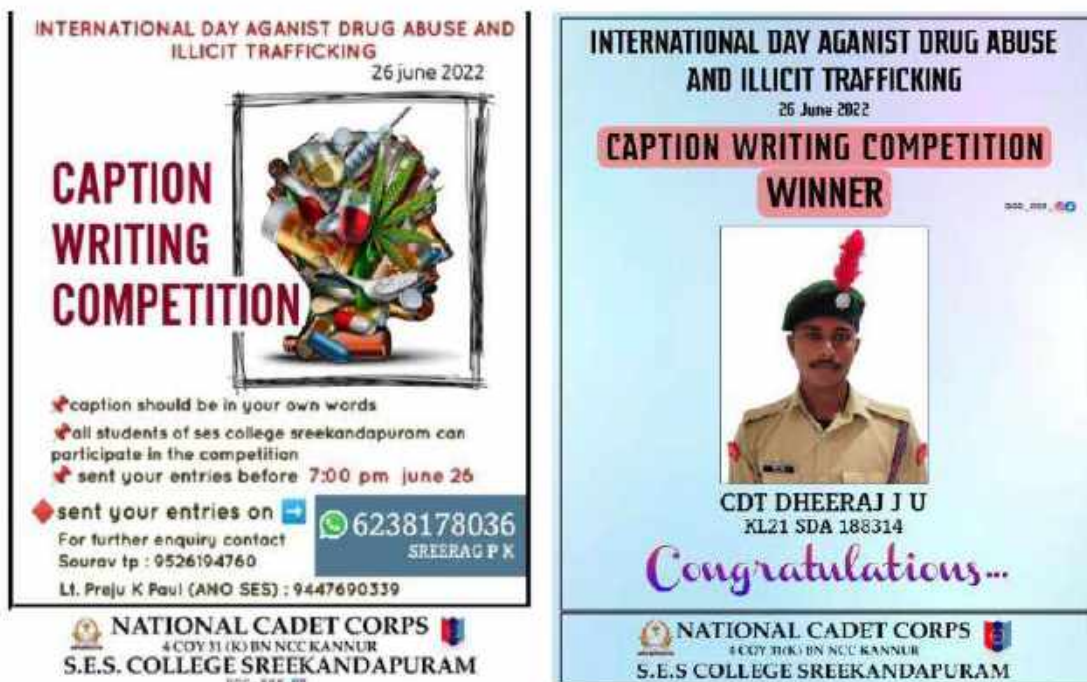
“DEAD spells out Drugs End All Dreams.”

Anti drug club Formation

The anti drug Club of SES College Sreekanthapuram was formed to make awareness against drugs among students. As a preliminary step, Smt. Sunitha Joseph, Asst. Professor of Economics as the Convenor, enrolled 22 student members who possessed an inherent interest to work for the anti-drug programme activities in spite of belonging to varied disciplines. Till date the Club held different programmes in the college campus.

Anti drug Activities 2022-23

Caption Writing Competition



The college organized thought-provoking event, the "Anti-Drug Awareness Caption Writing Competition," aimed at raising awareness about the dangers of drug abuse among our student community. The event was a great success, fostering creativity, awareness, and a sense of responsibility among the participants.

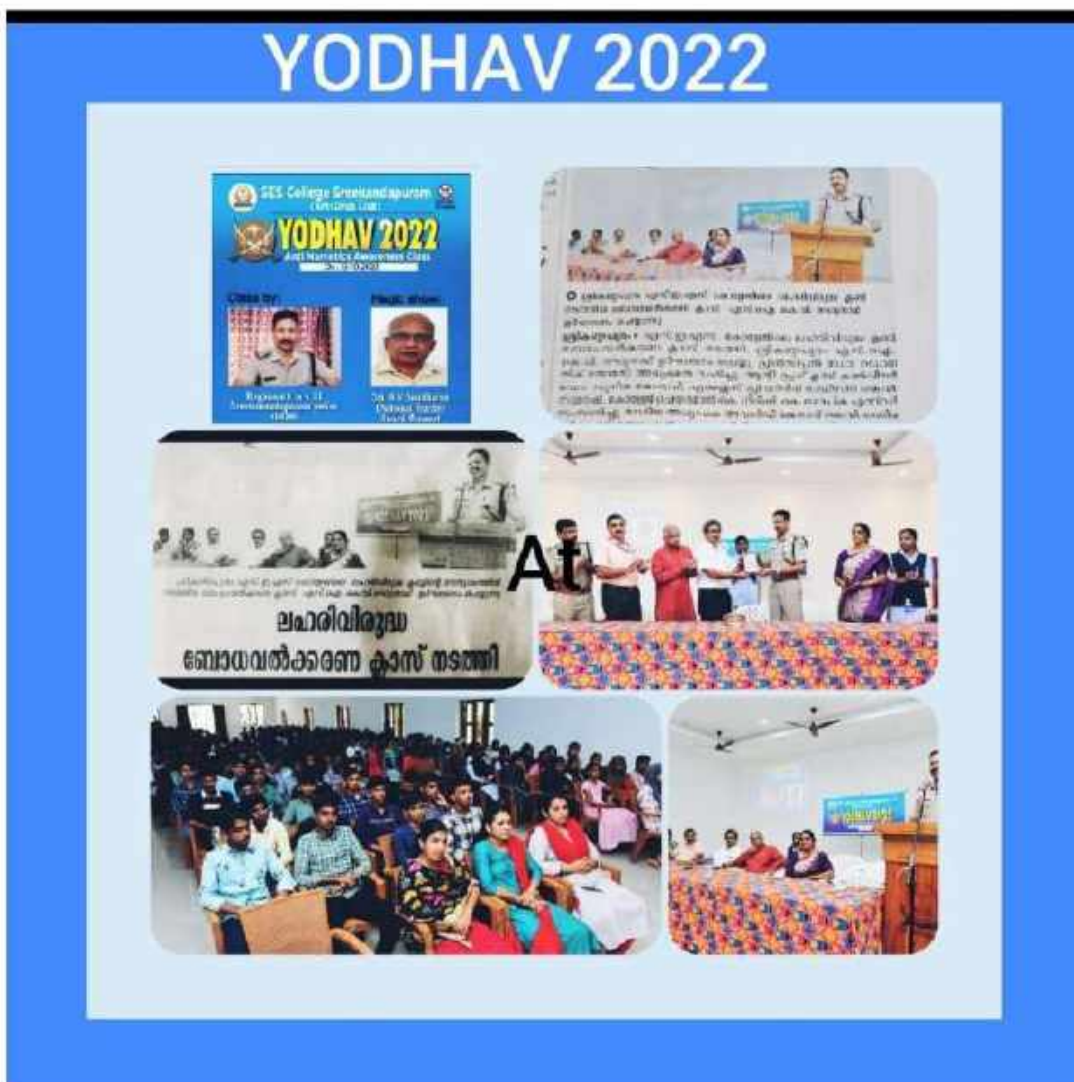
Anti Drugs awareness class (30-06-2022)

In association with Janamithri police, the awareness class against the dangers of drugs was organized in the campus. Principal Dr. Dominic Thomas presided over the function and Sri. Regunath K V, the sub inspector of police Sreekanthapuram police station, inaugurated the function. In his motivational and inspiring class he illustrated that despite substantial attention to misuse of alcohol among college students, less is known about drug use on college campuses and the students should be aware of the dangers of drug abuse.



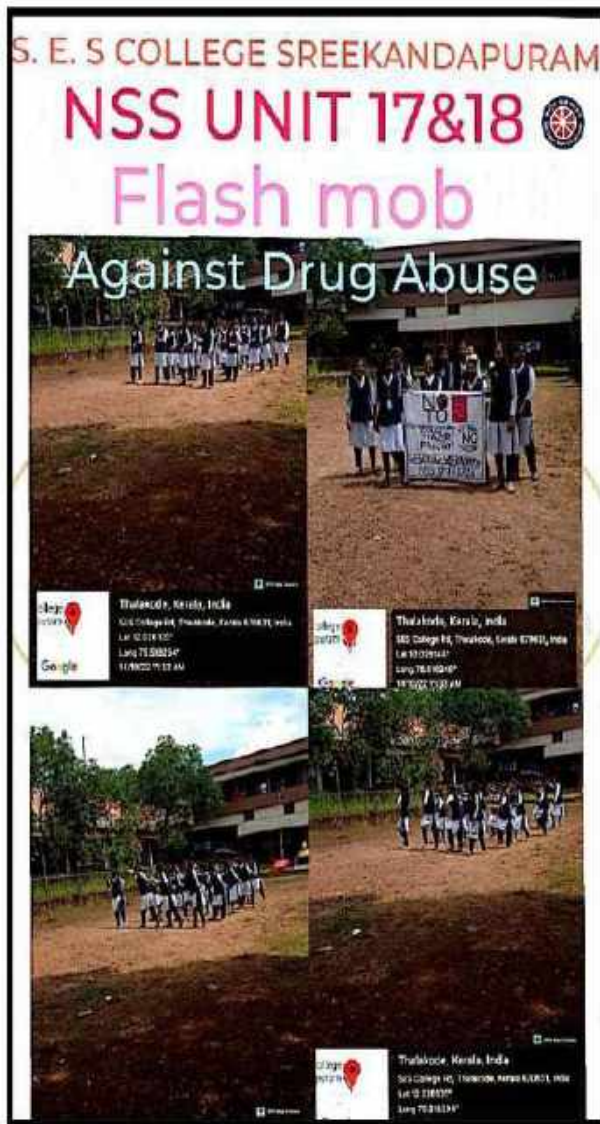
YODHAV 2022 on 13-10-2022

An antidrug campaign was conducted in the campus to create awareness about the harmful effects of drug usage. This program is arranged in corporation with Janamithri Police sreekandapuram .College principal Dr. Dominic Thomas presided over the meeting. The main attraction of the programme was the magic show of K V Sasidharan, the national award winner for best teacher. The Magic show gave awareness about the ill effect of drug and interacted with the students about the importance of campus community to prevent alcohol and drug related incidents.



Anti-drug Flash mob

The flash mob to provide awareness in the society against drug abuse was performed by the students of Anti-Drug unit club students of the college . Students were advocated to stand against alcohol and drugs by explaining the harmful effects of drug usage through the show. A pledge against drug usage is taken by students.



Anti-drug Quiz Competition

The anti-drug quiz competition was conducted on 14th October 2022 to augment the output of the members of the club and thereby imparting these values to the student community as a whole. The students actively participated in the programme.



The first prize of the quiz competition was awarded to department of chemistry and the second prize was awarded to the Department of physics

Anti-Drugs awareness class (27-02-2022)

The anti-drug awareness webinar against the dangers of drugs was organized on 27th February 2022 under the auspicious of college Anti-drugs club in association with NFPR (National Forum For People's Rights.. Sri Rajeesh Maragalath, Inspector of Police Inaugurated the function.Sri.Pradeepan maloth (Trainer and counselor) gave the awareness class to the students. The objectives of this Programme is to prevent youth from using illicit drugs by enhancing their awareness and understanding of the harmful social and health effects of illicit drug use.



Anti-Drugs Exhibition

Anti-drugs exhibition was conducted in the college campus on the same day in order to provide awareness to the students against drugs. The students actively participated in the programme

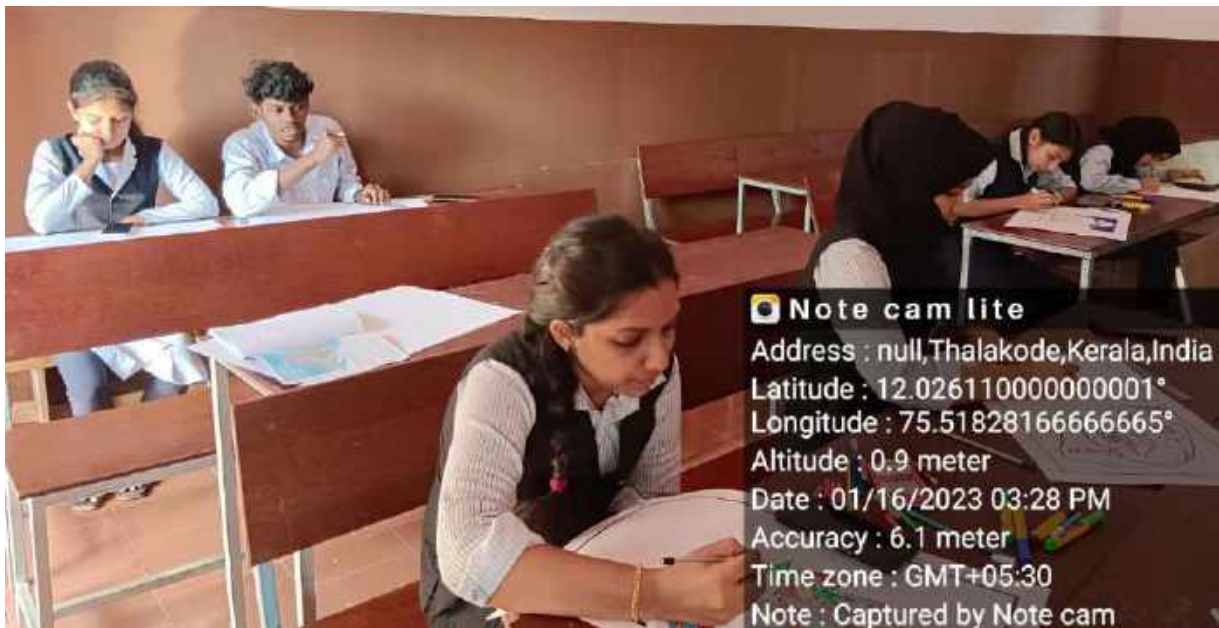


The abuse of alcohol and illicit drugs continues to be a major health problem internationally. Prevention of substance abuse among adolescents requires awareness and exhibition that was conducted in the college helped a lot to make awareness about drugs among students.



Drawing Completion in association with sreekanthapuram municipality

A drawing competition for the anti-drug awareness to students was organized by Anti-drugs club of SES College under the auspicious of Sreekanthapuram Municipality. The event was part of awareness campaign among students in the college.



Penalty shootout completion in association with department physical education

To make awareness about the ill-effects of drugs and the need to fight against it, a football penalty shootout competition in association with physical department was organized in the campus.



SRADHA & ANC

SRADHA -Students Rescue against Drug Habits and Addiction and ANC -Anti-Narcotic Cell are two vital entities at SES College dedicated to addressing the issue of drug abuse on campus. This report provides an overview of their collaborative activities and initiatives in promoting a drug-free and healthier campus environment.

Certificate of Appreciation

The Anti-Drugs Club of SES College has demonstrated exemplary dedication and initiative in organizing a series of impactful anti-drug activities within the college premises. Through informative seminars, and numerous awareness campaigns, the club has successfully raised awareness about the devastating consequences of substance abuse. The collaboration between the Anti-Drugs Club and the Excise Department, the Excise Department commends the Anti-Drugs Club for their valuable contributions to building a safer and drug-resistant environment within the college community. Your dedication in promoting a drug-free lifestyle is truly praiseworthy. It has been a testament to the power of collective action in tackling the menace of drugs in our society.




EXCISE INSPECTOR
SREEKANTHAPURAM



Thank You



SES COLLEGE SREEKANDAPURAM

(Accredited by NAAC with 'B+' Grade) Affiliated to Kannur University



Criterion 5- Student Support and Progression

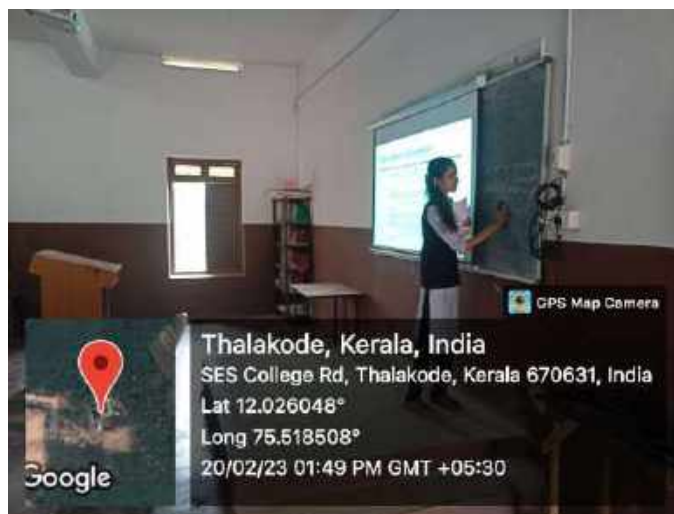
5.1 Student Support

5.1.3 Capacity building and skills enhancement initiatives taken by the institution include the following

- 1. Soft skills**
- 2. Language and communication skills**
- 3. Life skills (Yoga, physical fitness, health and hygiene)**
- 4. ICT/computing skills**

Power Point presentation-Rhombus 22

Power point presentation Competition conducted by dept. of Mathematics was inaugurated by Principal, Dr. Dominic Thomas sir on 20/02/23. Student actively participated. Smt. Anjana V of statistics dept. presided the session. Prizes distributed to the winners. 21 students participated.





S.E.S COLLEGE, SREEKANDAPURAM

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DETAILS OF PARTICIPANTS

Name of Programme : POWER POINT PRESENTATION
COMPETITION.

Date : 20/02/2023
01:30PM

Name of Organising Agency : Department of Mathematics

Name and Designation of Resource Person :


Signature :

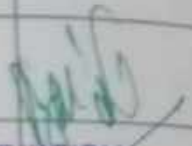
Sl. No.	Name of Student	Programme and batch	Signature
1.	Abhinav. K. K	III rd BSC Mathematics	
2.	Vishnu. E. P	"	
3.	Aduthya. M. B	"	
4.	Navya P	"	
5.	Rushda. K. P	"	
6.	Jishnu. K	"	
7.	Nilofer wiyaz	"	
8.	Majidha Majeed	"	
9.	Sinu sugesh	"	
10.	Asano Senthosh	"	
11.	Hridya K	"	
12.	Ashna Ramachandran	"	
13.	Amal Noble	"	
14.	Anusree MV	"	
15.	Aleena Barnax	"	


IIIrd prize

Ist prize

SL. No.	Name of Student	Programme and batch	Signature
16	Ashna Gireesh		
17	ASWANI AK		
18	JESNA SURESH		
19	PRANAV A S		
20	SREERAGI P K		
21	NANDANA P P		

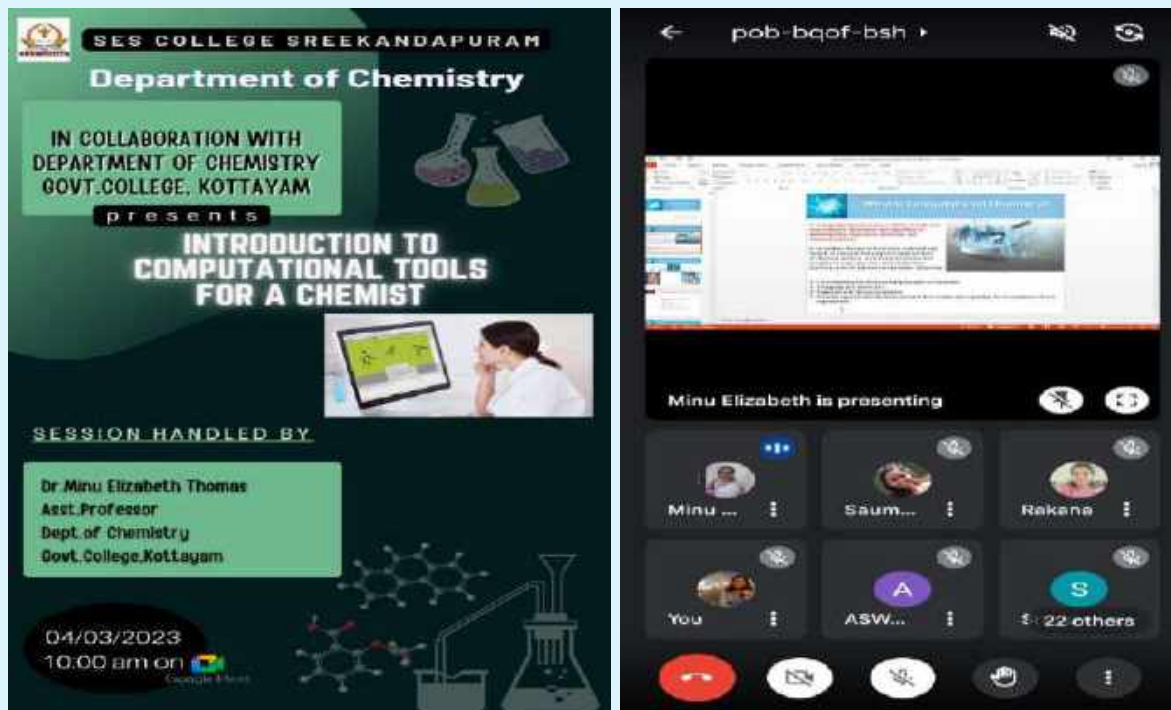

 Dr. R. R. Srinivasan
 Principal
 S.E.S. College
 Sreehindapuram


 PRINCIPAL
 S.E.S. COLLEGE
 SREEHINDAPURAM


 Name
 Name
 Name
 SL. No.

CLASS ON INTRODUCTION TO COMPUTATIONAL TOOLS FOR A CHEMIST

A class on introduction to computational tools for a chemist was conducted on 4th March 2023. The session was handled by Dr. Minu Elizabeth, Assistant Professor, Government College, Kottayam. It was conducted at 10am through Googlemeet. All students of 3rd and 2nd BSc Chemistry participated in this class. Participants ~ 29





S.E.S COLLEGE, SREEKANDAPURAM

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DETAILS OF PARTICIPANTS

Name of Programme Class on introduction to Computational Tools for a Chemist Date : 4/3/23

Name of Organising Agency : Dept of Chemistry

Name and Designation of Resource Person :

Signature :

SL. No.	Name of Student	Programme and batch	Signature
1	Aswathi P	III BSc Chemistry	
2	Akshay T.S	II BSc Chemistry	
3	Shreya Ravichandran	IV BSc	
4	Aaral T.K	III BSc	
5	Krishnadar-N.H	III BSc	
6	Aika Maria Biju	III BSc	
7	Prathul ray	"	
8	Ameya Arth	"	
9	Aswathi P.P	"	
10	Laya Raj	"	
11	Manjima T	"	
12	Karsha C.P	"	
13	Snaha Jayaprakash	"	
14	Harsha M le	"	
15	Aika Maria Biju	"	

SKILL DEVELOPMENT PROGRAMME – GROUP PRESENTATION BY STUDENTS

“TEAM” – Together Everyone Achieve More

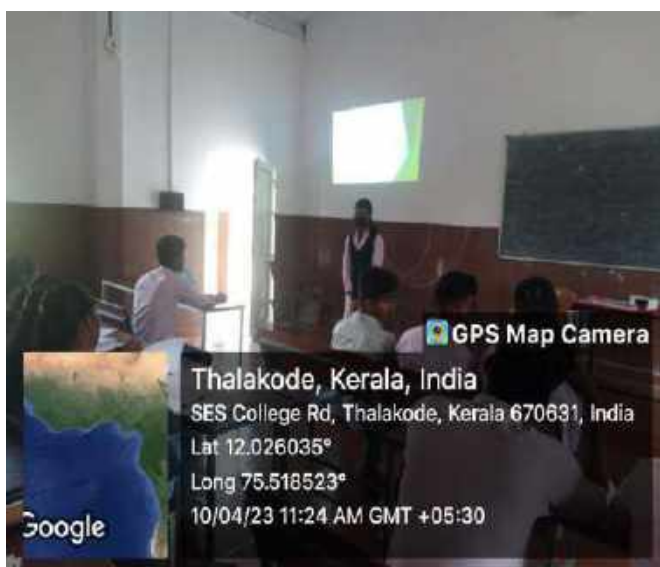
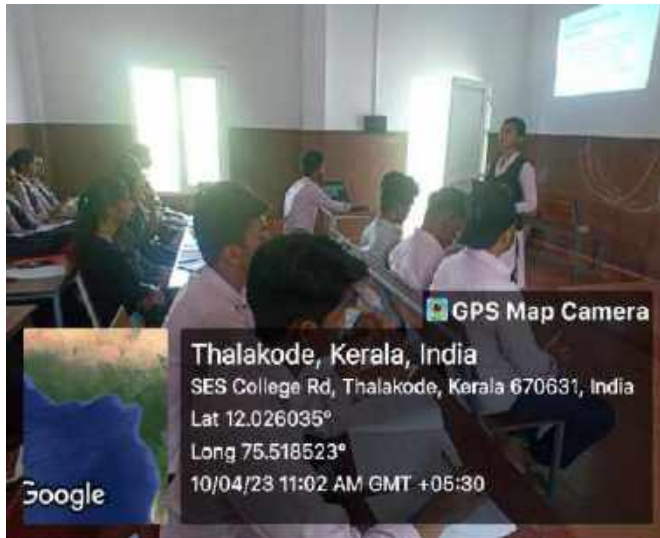
19/07/2022

The students were grouped into many teams and given different topics. Each team is given a date for presenting their topic. Each member presents different aspects of the main topic. Multimedia facilities are used for making the presentation effective and attractive. This exercise has helped to improve the presentation skill of the students and avoid stagefright.



Program on ICT: Enhancing Presentation Skills with PowerPoint

In order to familiarize students with ICT-enabled learning, a session on PowerPoint presentations was conducted on 10th April 2023. The first-year BBA students prepared PowerPoint presentations on various topics of Quantitative Techniques and presented their work. A detailed evaluation and commendation session was conducted to enhance their presentation skills. The students actively participated in the session and gained a better understanding of areas where they could improve



SKILL DEVELOPMENT PROGRAMME PROGRAM ON ICT

Powerpoint presentation on Research Methodology



SES college Sreekandapuram department of commerce conducted a powerpoint presentation among students. Students done ppt on research methodology. The program was mainly for 1St Bcom students. On 27/03/2023. 59 students were present topics in the session.



S.E.S COLLEGE, SREEKANDAPURAM

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DETAILS OF PARTICIPANTS

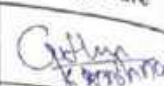


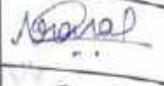

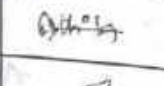

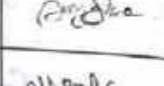

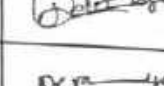
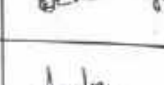


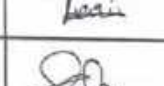
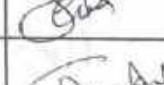
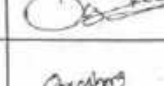
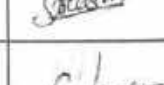
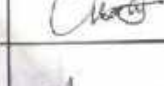
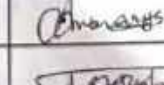
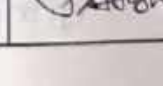
Name of Programme : SKILL DEVELOPMENT PROGRAMME ON ICT Date : 27/03/23

Name of Organising Agency : POWER POINT PRESENTATION ON RESEARCH METHODOLOGY
DEPARTMENT OF COMMERCE

Name and Designation of Resource Person :

Signature :

Sl. No.	Name of Student	Programme and batch	Signature
1	Vyshnavi P.K	1 Bcom	
2	Maneesa R P	1 Bcom	
3	Aswathi Mohan	1 Bcom	
4	Saniya	1 Bcom	
5	Sandra.M	1 Bcom	
6	Theertha	1 Bcom	
7	Anusree .k.p	1 Bcom	
8	Avani Krishna.M	1 Bcom	
9	Nafila .pm	1 Bcom	
10	Krishna priya vp	1 Bcom	
11	Amal Johnny	1 Bcom	
12	Shamila .k.k	1 Bcom	
13	Anal k S	1 Bcom	
14	Varun .U	1 Bcom	
15	Jithin Velayudhan	1 Bcom	

SL. No.	Name of Student	Programme and batch	Signature
16	Goutham Krishna	1 Bcom	
17	Dominic Raju	1 Bcom	
18	Anadhu Manoj	1 Bcom	
19	AROMAL . T . V	1 Bcom	
20	Gopika K P	1 Bcom	
21	Akhila . P K .	1 Bcom	
22	Anjitha . A	1 Bcom	
23	Arya Sree Ramachandra	1 Bcom	
24	Athira P V .	1 Bcom	
25	Delna shaji	1 Bcom	
26	Devapriya . K V	1 Bcom	
27	Devika .	1 Bcom	
28	-Fathimath zeha .	1 Bcom	
29	Hanipriya Krishnan	1 Bcom	
30	-Fathimath Safa .	1 Bcom	
31	Jyothika .	1 Bcom	
32	Sneeshma . P V .	1 Bcom	
33	Vismaya . K Vinod ,	1 Bcom	
34	Aiswarya . K K	1 Bcom	
35	Alkash . T	1 Bcom	



S.E.S COLLEGE, SREEKANDAPURAM

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DETAILS OF PARTICIPANTS

Name of Programme :

Date :


Name of Organising Agency :

Name and Designation of Resource Person :

Signature :

SL. No.	Name of Student	Programme and batch	Signature
36	Amal . N K .	1 Bcom	
37	Ananya k	1 Bcom	
38	Angana . k k .	1 Bcom	
39	Archana sumod .	1 Bcom	
40	Arshida k ,	1 Bcom	
41	Anya vyth .	1 Bcom	
42	Asewanth R .	1 Bcom	
43	Athul Raj .	1 Bcom	
44	Avani r k .	1 Bcom	
45	Chandhana . mu	1 B.com	
46	Dayal mon .	1 B com	
47	Dilsha . Santhosh .	1 Bcom	
48	Diya Dinesh .	1 Bcom	
49	Jasna . C P . Dominic Rajan .	1 Bcom	
50	Fathimath Nabia .	1 Bcom	

SL. No.	Name of Student	Programme and batch	Signature
51	Ridhal kishore.	1 Bcom	<i>[Signature]</i>
52	Jewel Rose.	1 Bcom	<i>[Signature]</i>
53	Joyal Rangji	1 Bcom	<i>[Signature]</i>
54	Na Anilkumar P.	1 Bcom	<i>[Signature]</i>
55	Nandhanan M.V.	1 Bcom	<i>[Signature]</i>
56	ARYA.P	III Bcom	<i>[Signature]</i>
57	Anegha M	III Bcom	<i>[Signature]</i>
58	Arya N	»	<i>[Signature]</i>
59	Pranav K.C	»	<i>[Signature]</i>


JASNA P
 Asst. Professor & HOD
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 SREEKANTHAPURAM